



Session 4: Panel Discussion

Oklahoma Association of Healthcare Engineers 2019 Summer Regional Event



August 23, 2019





Session 4: Panel Discussion Interior Design & FGI: How Good Interior Design Can Support FGI While Enhancing Your Project

Oklahoma Association of Healthcare Engineers 2019 Summer Regional Event August 23, 2019

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- Director of Interior Design for HFG Architecture's Oklahoma Region
- LEED Accredited
- Associate member of the International Interior Design Association, and member of the Association for Continuing Higher Education



Interior Design & FGI

How Good Interior Design Can Support FGI While Enhancing Your Project

Implementing evidence based interior design practices that are informed by FGI requirements with a focus on:

Mitigating Fall Risk



Acoustics



Infection Control



Primary Causes for Falls in the Built Environment

- 1.Floor Material/Finish (Slip Resistance)
- 2.Floor Transitions
- 3. Poor Visibility
- 4. Access to Support (grab bars, handrails, etc.)
- 5. Patient Environment Planning



Types of Falls in the Built Environment

Slips

Occur when there is too little friction of traction between the feet and the walking surface

Trips

Occur when the foot strikes an object (or obstruction), and the momentum throws one off balance

Falls from Elevation

While standing on a chair, from ladders or stairs, from non-moving vehicles, etc.

Same-Level Falls

While walking or working, from a chair while sitting, tripping up stairs, etc.







Data on Falls in the Built Environment

11,000

Fatal Falls occur in the Hospital Environment per Year

25%

Of fall injuries are <u>preventable</u> according to CMS estimates





MITIGATE FALL RISK



The Joint Commission Requires Healthcare Organizations to Track Patient Falls and Injuries and Devise Programs to Reduce the Number of Occurrences.









Mitigate Fall Risk:

FGI Regulates

- 1. Functional Program Fall Risk Assessment
- 2. Thresholds & expansion/seismic joints & covers
- 3. Grab Bars
- 4. Handrails
- 5. Flooring & Wall Base

Interior Design Strategies

- 1. Light levels
- 2. Floor Finish Slip Resistance
- 3. Transitions between materials
- 4. Padded flooring with weldable top
- 5. Low contrast between colors of flooring
- 6. Low Gloss Flooring
- 7. Contrast of wall base to floors for differentiation
- 8. Roll-In Showers with Barrier-Free transitions
- 9. Patient Mobility & Access to Personal Items

ADA Considers

- 1. Floor Transitions
- 2. Floor Incline
- 3. Floor Stability
- 4. Floor Firmness
- 5. Floor Slip Resistance

Other Organizations & Agencies

- 1. ANSI American National Standards Institute
- 2. ASTM American Society for Testing and Materials
- 3. TCNA Tile Council of North America
- 4. OSHA Occupational Safety & Health Administration







Environmental Factors that Impact Fall Risk:

Flooring Factors

- 1. Floor Material
- 2. Floor Pattern
- 3. Floor Transitions
- 4. Coefficient of Friction

Slip Resistance Factors

- 1. Friction between the floor and the shoe
- 2. Presence of suitable micro-roughness
- 3. Harness of the floor
- 4. Applications for sealing floors during installation
- 5. Later modifications on the floor such as inappropriate varnishing/sealing/polishing









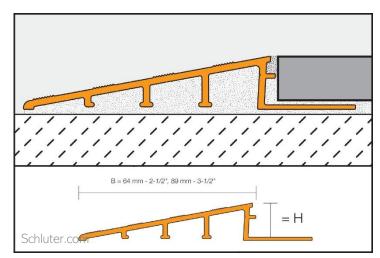
Mitigate Fall Risk:

Floor Finish Selections

- 1. Vinyl Composition Tile
- 2. Luxury Vinyl Tile
- 3. Sheet Vinyl
- 4. Sheet Carpet
- 5. Carpet Tile
- 6. Ceramic Floor Tile

Floor Finish Transitions

- 1. Same Height Flooring Options
- 2. Barrier- Free Ramp Transitions
- 3. Floor Leveling Compound
- 4. Minimizing Types of Floor Materials













Mitigate Fall Risk:

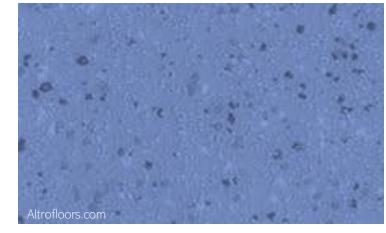
Floor Finish Selections

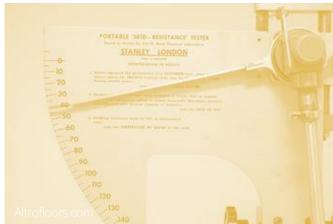
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Floor Finish Slip Resistance

- 1. Safety Flooring Wear Layer | Fine Aggregate
- 2. Tile Flooring | Honed or Unpolished
- 3. Rubber & Resilient Flooring | Embossing













Visibility:

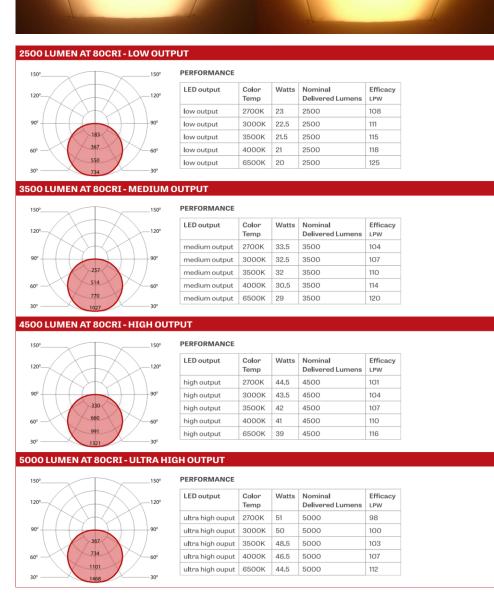
Lighting Considerations

- 1. Visible Contrast in Floor Material Changes
- 2. Visibility of Floor Material Patterns & Textures
- 3. Visibility of Barriers & Obstacles
- 4. Visibility of Supports/Handrails

Lighting Design Supports

- 1. Provider Task Performance
- 2. Telemedicine
- 3. Fall Risk Mitigation











Mitigate Fall Risk: Floor Finish Contrast



MITIGATE FALL RISK

Key Fall Risk Mitigation Factors:

- 1. Floor Finish Selection
- 2. Floor Transitions
- 3. Visibility
- 4. Patient Environment Planning









Primary Acoustical Concerns

- 1. Patient Privacy (HIPAA)
- 2. Alarm Fatigue
- 3. Provider Distraction
- 4. Patient Sleep/Rest
- 5. Medical Errors
- 6.Telemedicine



FGI Regulates

- 1. Minimum Design Room Sound Absorption Coefficients
- 2. Maximum Design Criteria for Noise in Interior Spaces Caused by Building Systems
- 3. Design Criteria for Minimum Sound Isolation Performance Between Enclosed Rooms
- 4. Design Criteria for Speech Privacy for Enclosed Rooms & Open-Plan Spaces
- 5. Maximum Limits on Floor Vibration Caused by Footfalls in Health Care Facilities
- 6. Interior wall and floor/ceiling construction (Table 1.2-6)
- 7. Speech privacy (Table 1.2-7)
- 8. OITC Outdoor-Indoor Transmission Class
- 9. STC Sound Transmission Class

Interior Design Strategies

- 1. Space Planning, Room & Door Positioning
- 2. Wall, Ceiling and Floor Finishes
- 3. Visual Privacy Sight Lines, Patient Information



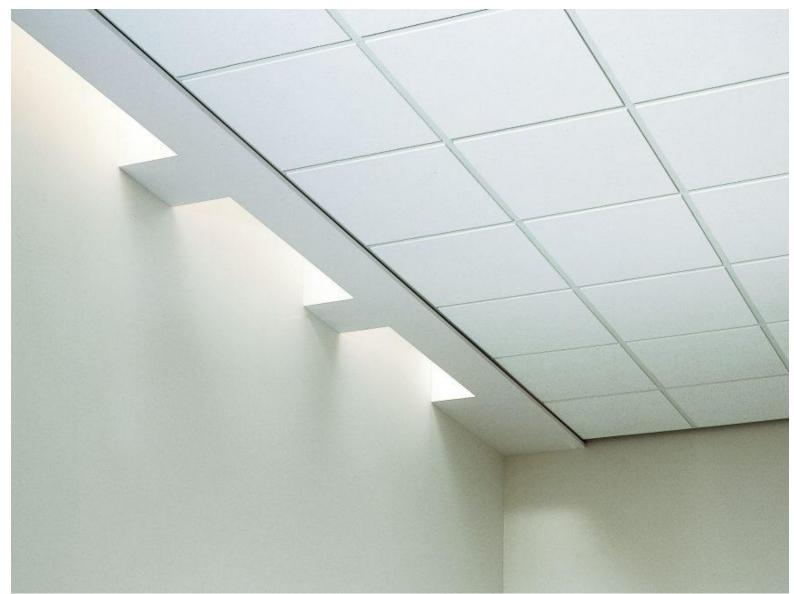




ACOUSTICS

Center for Health Design—Evidence Based Design Strategies





The Center for Health Design Recommends

"Sound control for improved outcomes in healthcare settings" | The Center for Health Design

- 1. Use High Performance Sound Absorbing Ceiling Systems
- 2. Wall Finish Treatments & Panels
- 3. Plan for private spaces on the unit for family discussion
- 4. Providing Single Patient Rooms







ACOUSTICS

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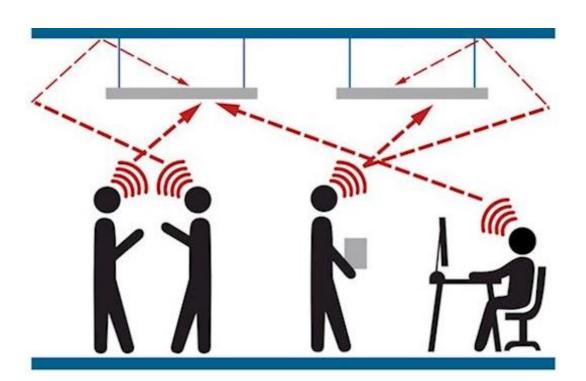


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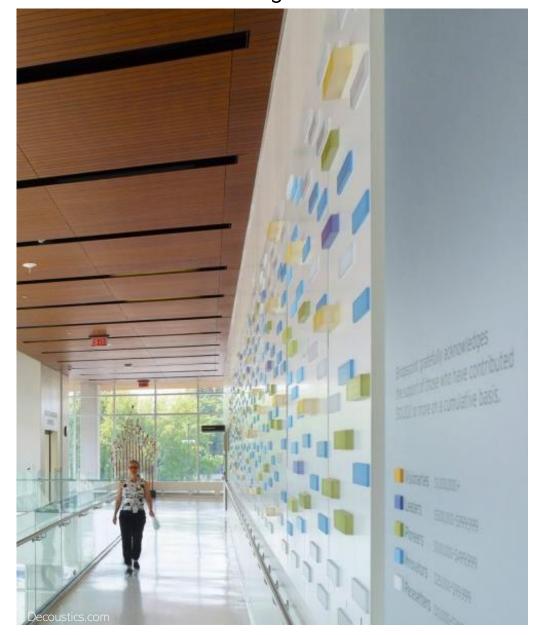








Acoustical Clouds and Ceilings



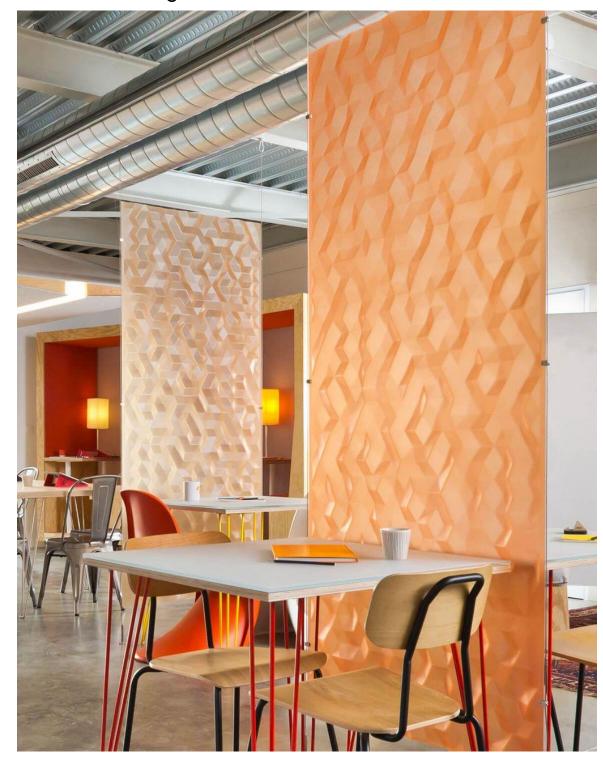


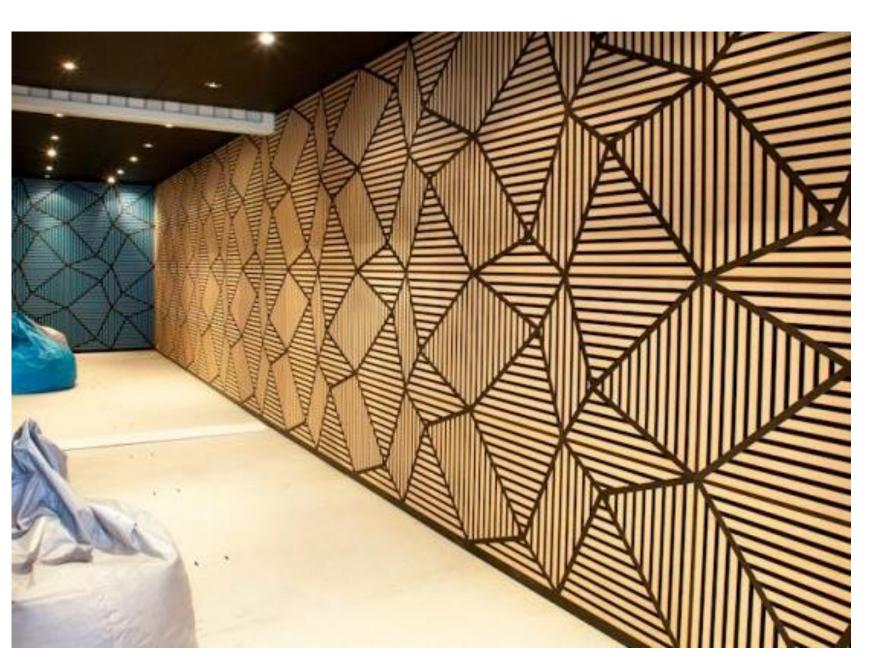






Sound Absorbing Wall Finishes



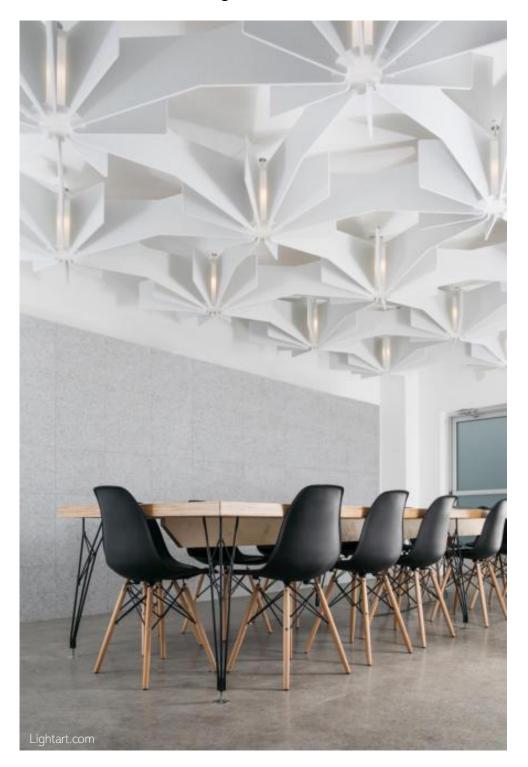








New Sound Absorbing Products on the Market











Consequence of Poor Sleep:

Impaired Attention and Reaction Times

Decreased Memory and Concentration

> Worse Mood, Depression

Impaired Task Completion

Psychosocial Difficulties

Insufficient or **Disordered** Sleep

Risk of Injuries, Falls

Increased Incidence of Pain

Weight Gain

Diabetes Inflamation

Cardiovascular Disease

Increased Consumption of Healthcare Resources



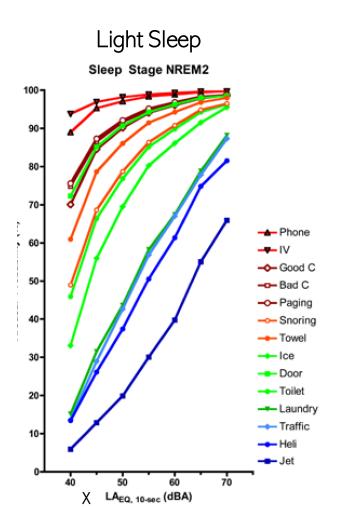


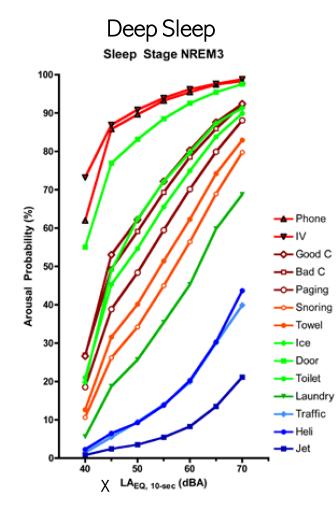


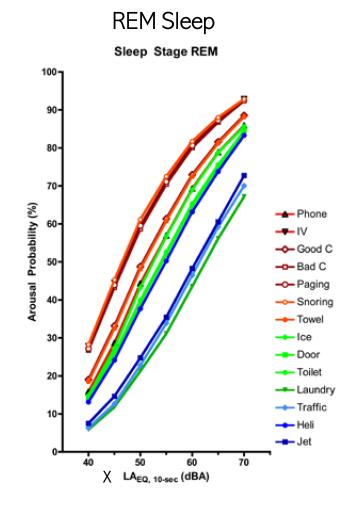


Sources of Noise to Consider

- 1. Door
- 2. Helicopter
- 3. Ice Machine
- 4. IV Alarm
- 5. Jet
- 6. Laundry Cart
- 7. Phone
- 8. Snoring
- 9. Toilet
- 10. Traffic
- 11. Towel Dispenser (electric)
- 12. Bad Conversation
- 13. Good Conversation
- 14. Paging















Sleep Study Findings

- 1. Phone & IV Alarms Resulted in the Greatest Disruption
 - a. Answer Alarms Promptly
 - b. Reduce Telephone Volumes to Limit Transmission Distance
 - c. Limit Number of Telephone Rings
- 2. Staff Conversations & Paging Resulted in Hight Disruption
 - a. Select Surfaces to Limit Sound Transmission in Staff Areas
 - b. Provide Private Spaces for Staff Conversation near Nursing Stations
 - c. Implement Visual Indicators as a "Quiet Cue"
- 3. Stimuli with Shifting Contours (dispensers, doors, toilets, ice machines, etc) were found to be more disruptive than those with Continuous Contours (traffic, carts, etc.)
 - a. Locate/Isolate Noisy Equipment from Patient Areas
 - b. Install Quite/Low-Tech Dispensers
 - c. Install Sound Mitigating Doors & Hardware
 - d. Re-Evaluate keeping patient doors open, and associated staffing & patient monitoring systems













"Design and Construction Mandates Related to <u>Acoustics</u> can be Expected to <u>Enhance Performance..."</u>

- 1. More Accurate Communication
- 2. Increased Speech Privacy and HIPAA Compliance
- 3. Lowered Staff Stress Levels
- 4. Decreased Medical Errors
- 5. Limited Patient Sleep Disruption









Primary Infection Control Concerns

- 1. High Touch Areas
- 2. Highly Durable Finishes
- 3. Designing Cleanable Millwork
- 4. Room Design for High Risk Areas



FGI Regulates

- 1. Infection Control Risk Assessment (ICRA)
- 2. Durable Finish Selections
 - a. Floor, Wall, & Ceiling Materials
 - b. Wall Base Materials & Heights
- 3. Cleanable Millwork Design
 - a. Casework Materials
 - b. Backsplash Heights
- 4. Room Design for High Risk Areas
 - 1. Handwash Sink Locations
 - 2. Hand Sanitizer Locations

Interior Design Best Practices

- 1. Choosing the Best Monolithic Flooring for Your Project
- 2. Handwash Sink Positioning | Splash Prevention
- 3. Considering High Touch Surfaces
- 4. To Err is Human









To Err is Human

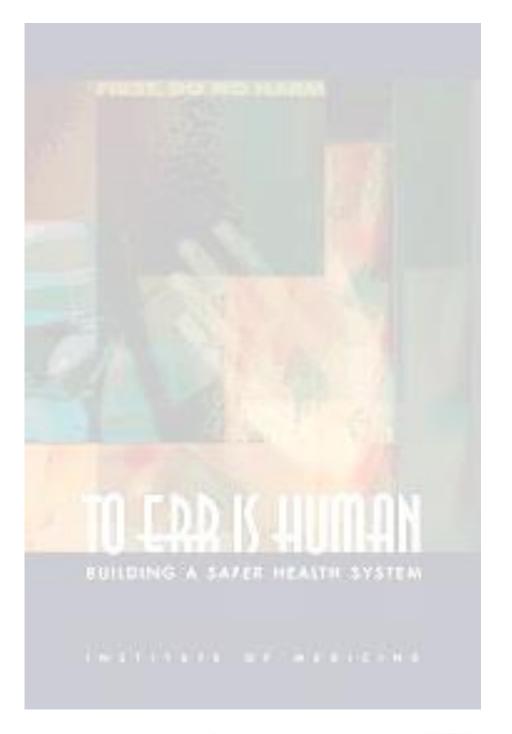
1. We All Make Mistakes!

-healthleadersmedia.com, To Err is Human

- 2. Plans Systems so that it is difficult to do the WRONG thing.
 - a. Direction of Staff Flow in Clean and Dirty Areas
 - b. Making Handwash Sinks and Soiled Storage Convenient
 - c. Separating Handwash Sinks from Available Clean Surfaces

The Institute of Medicine published "To Err Is Human: Building a Safer Health System," in 1999 which highlighted the startling statistic that 98,000 Americans Were dying every year due to medical errors. Annual patient mortality due to medical errors has since risen steadily to 440,000 lives, which brings medical errors into the country's third-leading cause of death.

#1 Heart Disease #2 Cancer #3 Medical Error









INFECTION CONTROL

Choosing the Best Monolithic Floor Your Project

- 1. Heterogeneous Sheet Vinyl Vs. Homogeneous.
- 2. Stain Resistance
- 3. Puncture Resistance
- 4. Point and Rolling Load Characteristics
- 5. Integrated Wall to Floor Transitions

Monolithic Flooring Options

- 1. Ероху
- 2. Sheet Vinyl
- 3. Terrazzo Tile- Epoxy Sealed
- 4. Rubber Flooring







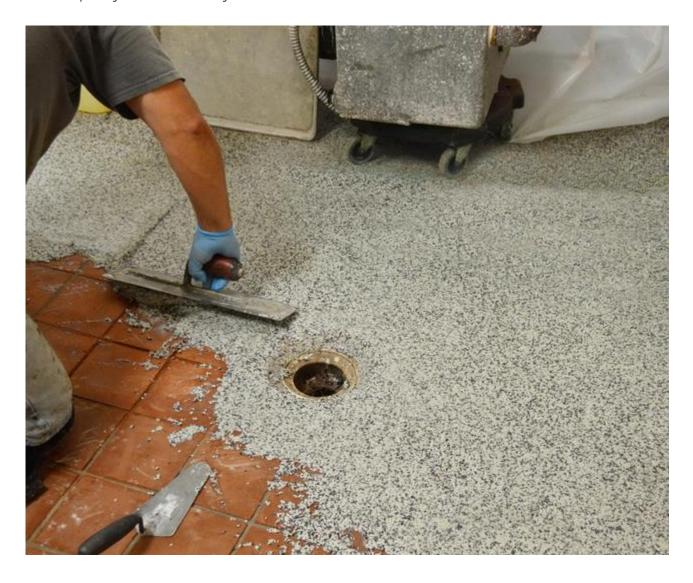




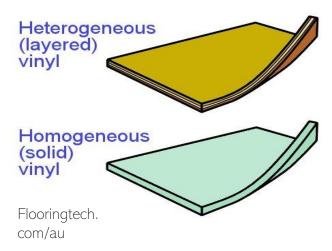
INFECTION CONTROL

Choosing the Best Monolithic Floor Your Project Monolithic Flooring Options

1. Epoxy, Sheet Vinyl







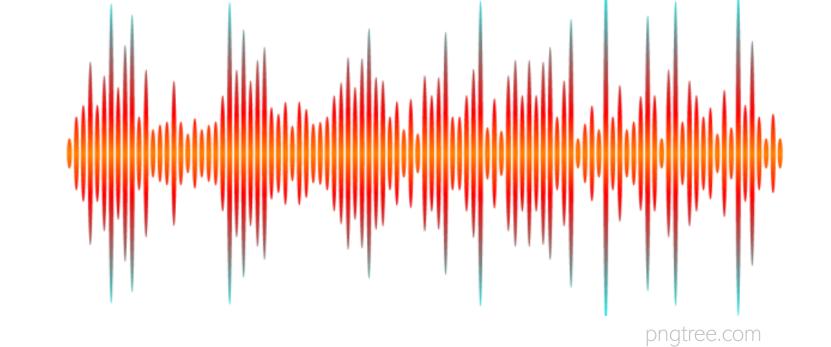






Choosing the Best Monolithic Floor Your Project Monolithic Flooring Options

1. Terrazzo, Tile- Epoxy Sealed, Rubber Flooring













High Touch Areas

Antimicrobial & Microbial Resistant Finishes

Do your Research!





















INFECTION CONTROL

Infection Control in High Risk Areas

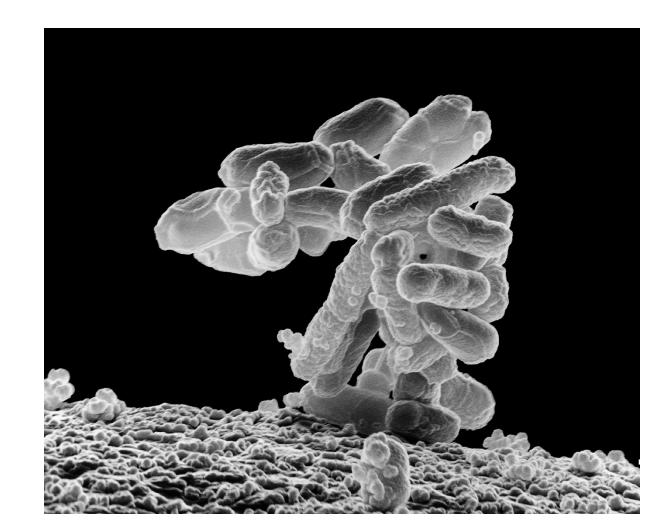
Klebsiella Oxytoca (Klebsi) ICU Outbreak Assessment

- 1. Surfaces Initially Tested
 - a. Shared Equipment
 - b. Solutions used in Bronchoscope Areas
 - c. Glucometers
 - d. Hand Creams
 - e. Lubricating Gels
 - f. Disinfectant Swabs

The Outbreak Persisted

- 2. Sinks & Tap Water were Tested
 - a. Disposal of Body Fluids in Handwash Sinks
 - b. Sinks were Cleaned & Left Unused for 48 hours with Disinfectant Standing in Traps
 - c. Month-long trials of cleaning with bleach and foaming hydrogen peroxide

The Outbreak Persisted









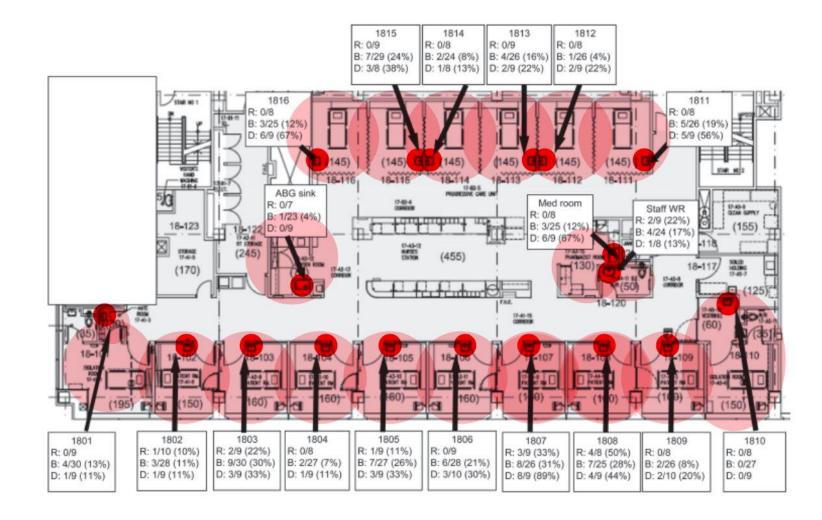


<u>Infection Control in High Risk Areas – Case Study</u>

Klebsiella Oxytoca (Klebsi) ICU Outbreak Assessment

- 1. Sink Culture Screens Found
 - a. Rims Had the Lowest Yield
 - b. Basins Had Some Yield
 - c. Drains Had the Highest Yield
- 2. A 3x/day cleaning/disinfecting of sinks was implemented

The Outbreak Decreased





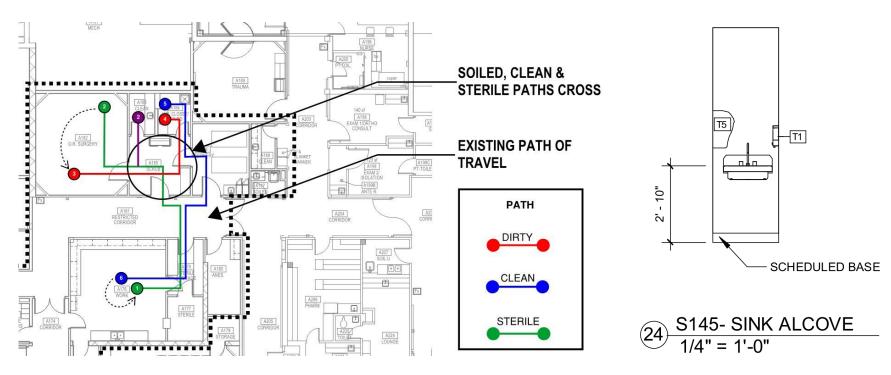


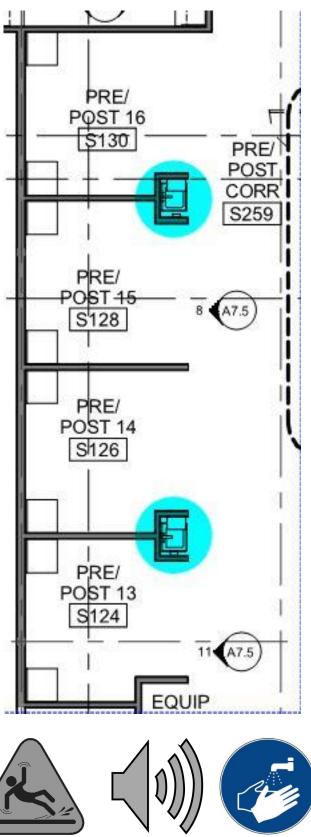


<u>Infection Control in High Risk Areas – Case Study</u>

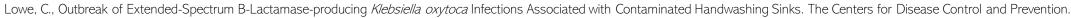
Klebsiella Oxytoca (Klebsi) ICU Outbreak Assessment

- 1. Study Findings
 - a. Handwashing sinks may act as a reservoir for infection
 - Person-to-person transmission may occur
 - Increased sink cleaning reduced clinical isolates
 - Structural & plumbing changes reduced the outbreak
 - Biofilm formation may have been a factor in the persistence of the K. oxytoca outbreak
 - Staff/Patient flow & access to soild/boi-hazard storage areas was a factor in the spread of infection









INFECTION CONTROL

"Sinks should be considered potential <u>reservoirs</u> when clusters of infection caused by <u>K. oxytoca</u> are investigated." A <u>multifaceted approach</u> to infection control may include:

- 1. Reinforcement of infection control policies
- 2. Clear delineation of intended sink use
- 3. Intensified cleaning of sinks
- 4. Structural changes to sinks
- 5. Antimicrobial stewardship









Session 4: Part 2 The Future of Healthcare





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The Future of Healthcare

1. MACRO TRENDS

- Virtual Telemedicine
- Solving the Problem of Overworked Clinicians
- Continued Drive for Value

2. CONSTRUCTION TRENDS

- Lack of Skilled Trade Labor
- > Integrated Design and Construction

3. EVIDENCE-BASED RESEARCH TRENDS

- Case Study 1: Clemson Operating Room Simulation Study
- Case Study 2: Critical Access Hospital Study by HFG + KU Health and Wellness Program in the School of Architecture

4. WHAT IS THE FUTURE OF HEALTH CARE DESIGN

- On-Stage / Off-Stage Design
- Patient Centered Care and Other Topics







Macro Trends





Virtual Telemedicine



Virtual Care Center at Mercy



Virtual Telemedicine



Kaiser-Permanente: 50% of patient encounters are virtual



Solving the Problem of Overworked Clinicians

- > Electronic Medical Records not always working well
- ➤ Shortage of 100,000 physicians
- > Loss of autonomy related to the explosion of data





Solving the Problem of Overworked Clinicians





Solving the Problem of Overworked Clinicians

- > Electronic Medical Records not always working well
- > Shortage of 100,000 physicians
- > Potential Solutions:
 - More mid-level providers
 - More virtualization
 - Fewer in-person encounters
 - Spaces designed to give respite and relieve stress and drive for efficiency and collaboration





Continued Drive for Value

- The "Drive for Value" as opposed to "Fee for Service" is here to stay
- > Healthcare is asking the question, "How do we keep people well?"
- > Social Determinants and Health
 - Homelessness leads to more frequent, more expensive healthcare
 - Lower socioeconomic status leads to poorer quality food





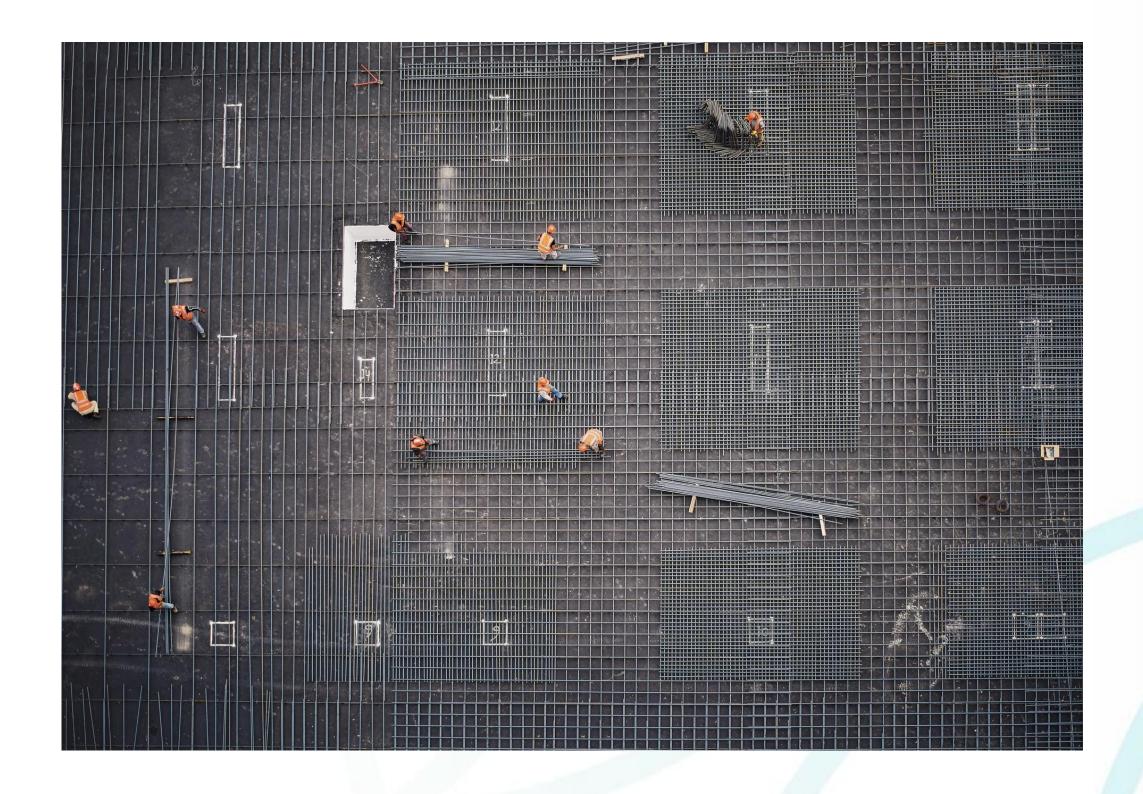
Continued Drive for Value

- > Community Partnerships
- > Healthcare providers thinking about how to "bend the curve" on homelessness, poverty and food insecurity as a way to reduce healthcare cost.
- > Continued push for Wellness
 - We spend just under 20% on healthcare how are we spending the other 80%?





Construction Trends





Lack of Skilled Trade Labor

> Trends:

- More integrated approaches to design and construction
- Drive towards pre-fabrication
- Quality and control conditions
- > Pressures:
 - Pressure to speed product to market
 - > Healthcare construction is more complex than ever





Lack of Skilled Trade Labor

> This is the desire of the market:





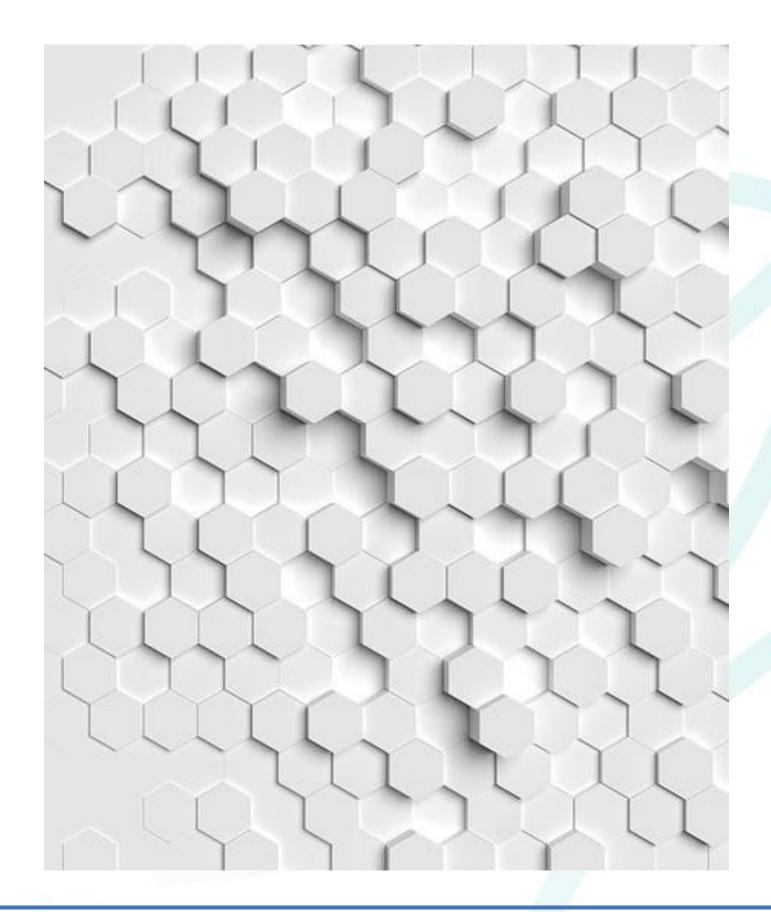
Lack of Skilled Trade Labor

- ➤ We are still building like it is 1981.
- > The time is ripe for transformation.
 - ➤ Integrated Building and Design processes "Design Assist" "IPD"
 - > Pre-fabrication
 - ➤ Lean Design and Construction Practices
 - > Time to make being a "tradesman" a sought-after vocation





Evidence-Based Research Trends





DISRUPTING FROM THE INSIDE OUT TO CREATE DYNAMIC HUMAN-CENTERED OPERATING ROOM ENVIRONMENTS

ANJALI JOSEPH | Ph.D., EDAC

Professor, Spartanburg Regional Healthcare System Endowed Chair in Architecture+Health Design. Director, Center for Health Facilities Design and Testing

ALEXANDER LANGERMAN | MD, SM, FACS

Associate Professor of Otolaryngology Director of Surgical Analytics Lab, Institute for Surgery and Engineering Director of Program in Surgical Ethics, Center for Biomedical Ethics and Society Vanderbilt University Medical Center (VUMC)





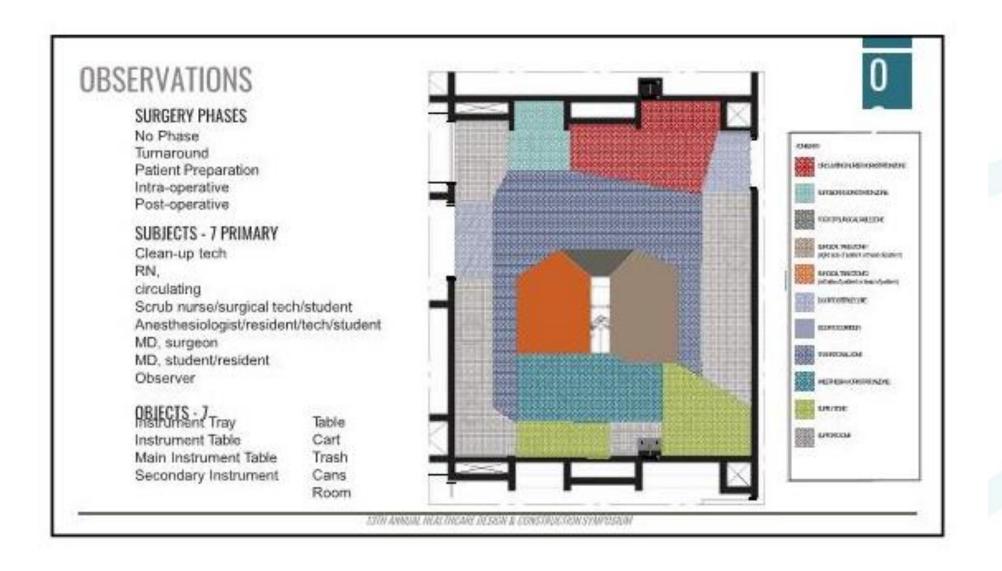




TSTR ANNOUGH REALTHCARY DESIGN A CONFERENCE SOM SYMPOSION



Observation





Observation

OBSERVATIONS

FLOW DISRUPTIONS

Usability Layout

Environmental hazard Equipment failure Interruptions

DOOR OPENINGS

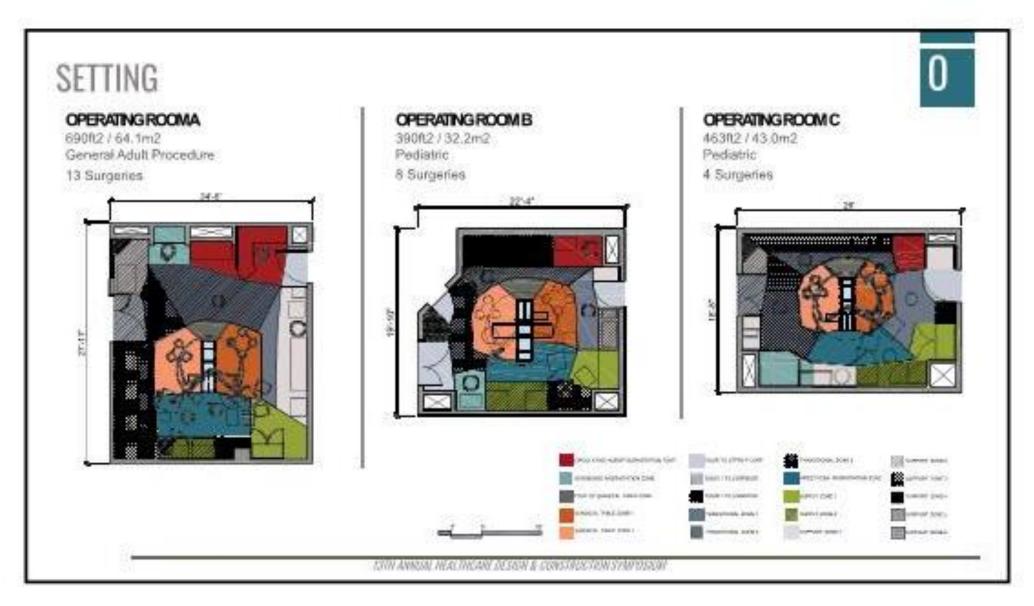
Door to Sterile Core open Door 1 Corridor open Door 2 Comidor open







> Testing Sizing and Layout





➤ Work-Flow Analysis

CIRCULATING NURSE WORK PATTERNS

Design Guidelines: Optimize movement and flow

STUDY AIMS

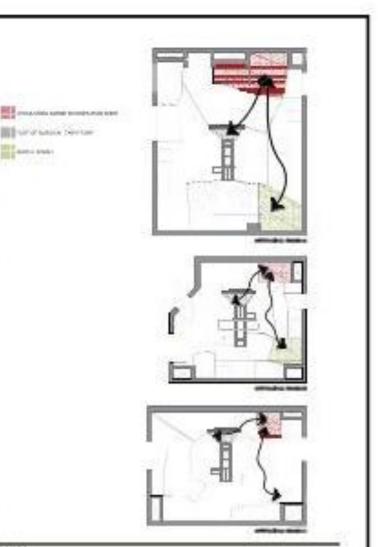
- · To explore how the layout configuration and adjacencies of functionally different areas within the
- impacts movement patterns of the circulating nurse
- To explore how the layout configuration and adjacencies of functionally different areas within the

impact disruptions to the workflow of the circulating nurse

KEY FINDINGS

- Most common travel gaths were from the CN workstation to the OR table and storage
- The circulating nurse experiences most of the flow disruptions in transitional zones.

Bayrancador, S. Joseph, A. Sax, D. Khoshkoras A. Taaffe, H., Jafenfroorabad, R., Neyera, D. M. & HP*CHD, OR: Study Group, (2016, January), The Impact of Operating Room Layout on Circulating Numer's Work Parterns and Plaw Disruptions: A Behavioral Mapping Study. HERD: Health Environments Research & Design. Journal DOIntips Nov. org/10.1177%2F1937586717751124





133Y ARMONE REALTHCARE DESIGN & CONSTRUCTION SYMPOSICAL



> Surgical Case Flow Disruptions

SURGICAL FLOW DISRUPTIONS

Design Guidelines: Reduce disruptions Optimize movement and flow

STUDY AIMS

. Explore how minor and major flow disruptions are related in terms of the people involved, tasks performed and OR traffic, as well as

location of FDs and other environmental characteristics of the OR that may contribute to these disruptions.

. Understand how layout and traffic affects the occurrences of both minor and major flow disruptions during surgery

KEY FINDINGS

- Minor flow disruptions that occurred while performing equipmentrelated activities were related to increases in major flow disruptions.
- . An increase in minor disruptions in the transitional zone that connects the CN workstation zone with the foot of the surgical table was slightly related to an increase in the rate of major. flow disruptions.
- . The number of transitions between OR zones and the overall density or crowdedness in the OR significantly impacted the occurrence of any type of flow disruption.



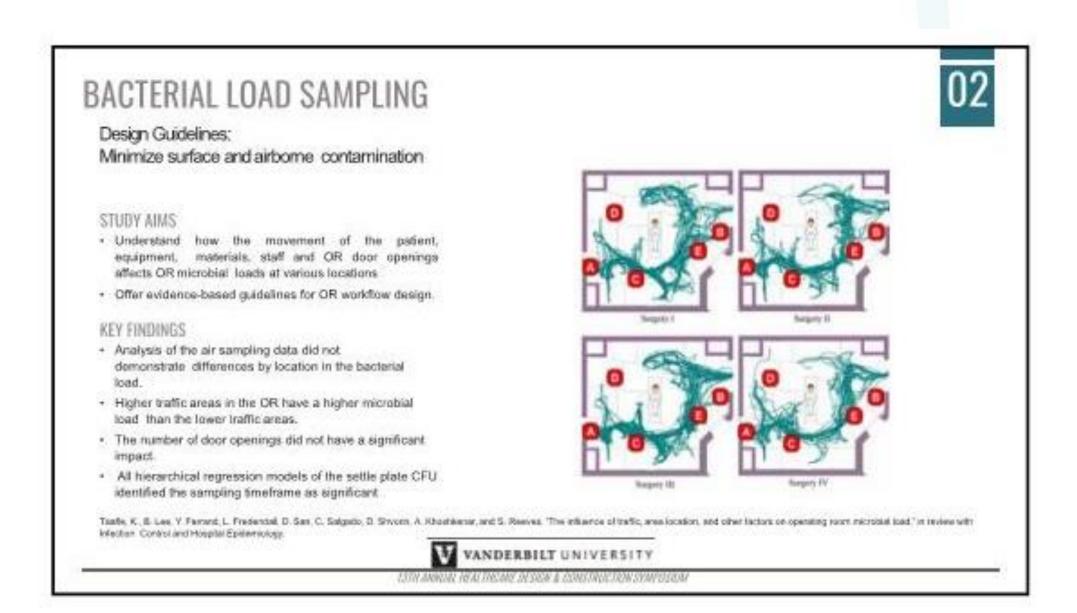
Joseph, A., Khoshkenan, A.; Taafle, K. Catshpele, K., Machry, H., & Bayrancadeh, S. (2018, Bugust 29). Minor. Now disruptions, iraffice-related factors and their effect on responder dow disruptions in the operating room. BMJ

VANDERBILT UNIVERSITY

ESTIN ANNOSAL HEALTHCARY DESIGN & CONSTRUCTION SYMPOSIQUE

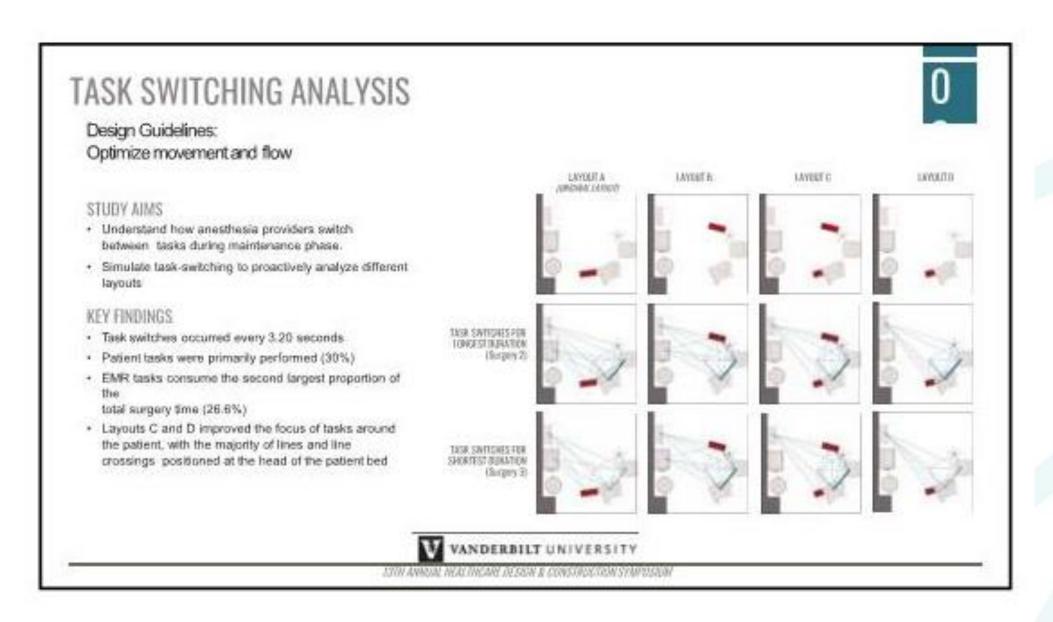


> Infection Control Analysis



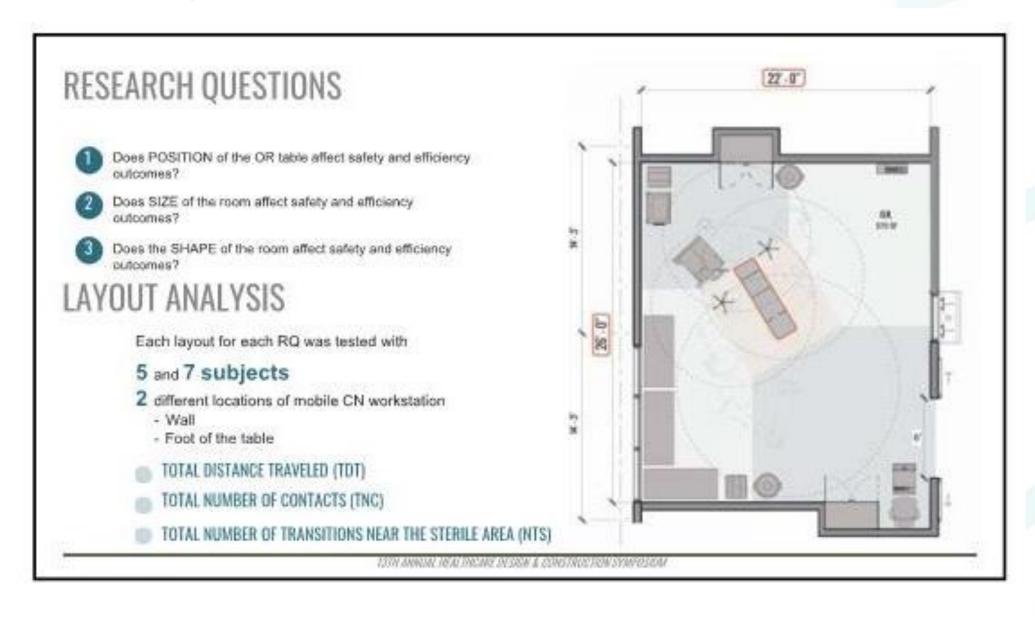


> Task Switching Analysis





> The Optimal Sizing and Layout of an OR

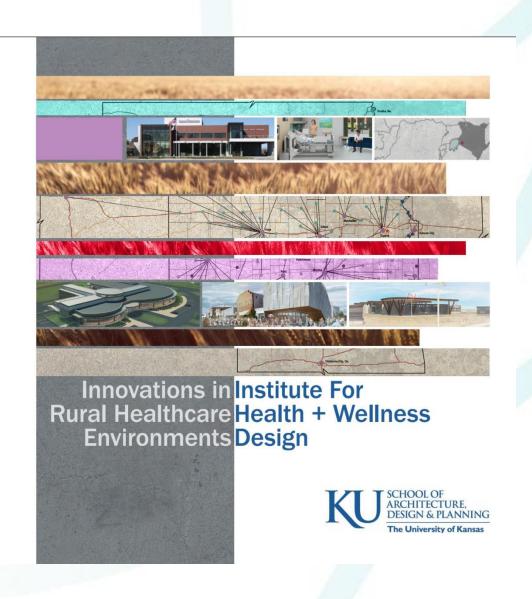




Case Study 2: Critical Access Hospital Study by HFG + KU School of Architecture Health and Wellness Program

> Current Research looking at areas of recently designed CAH hospitals to study outcomes and for elements of commonality and what has worked and what continues to need to be improved

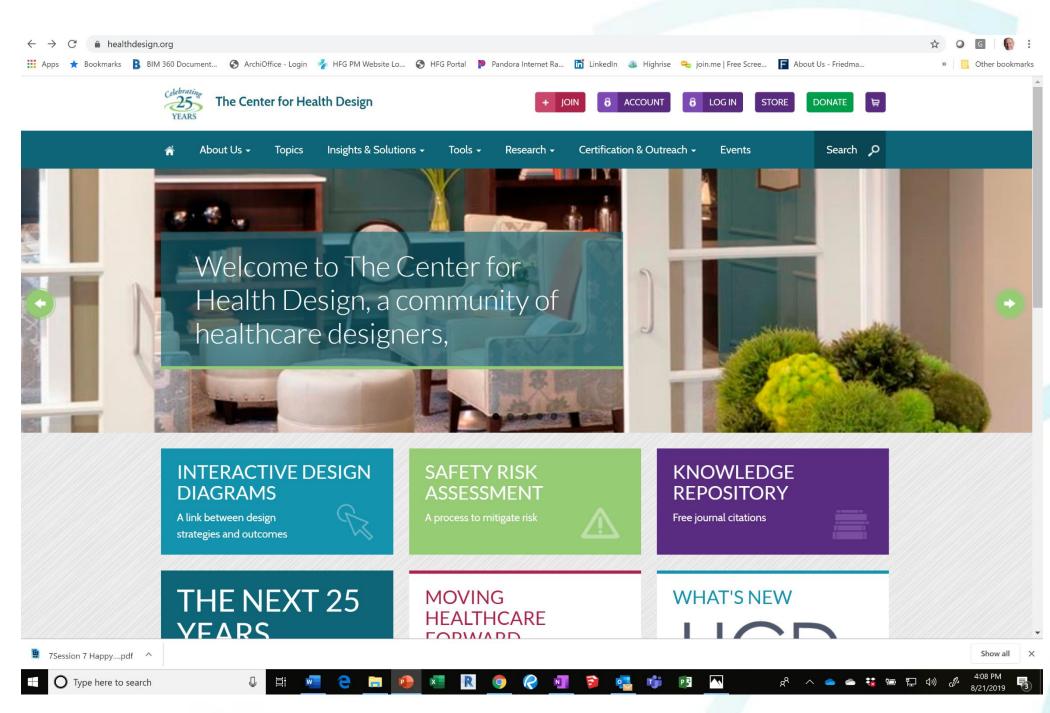






Other Resources

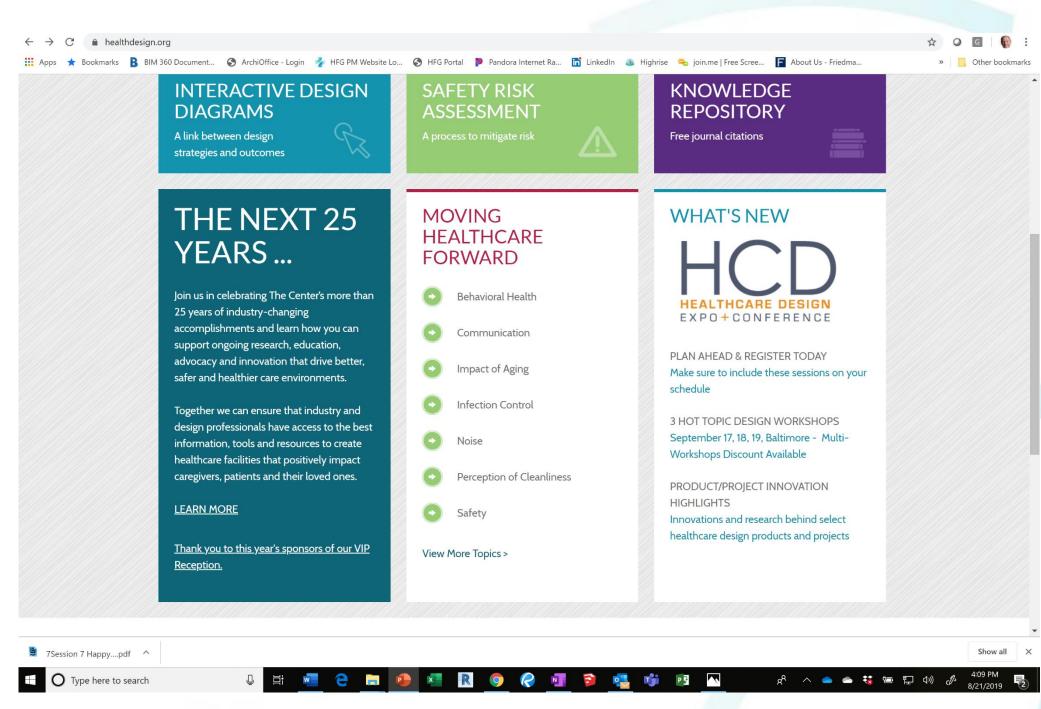
- > Many sources of good research into elements of healthcare environments
- > Healthdesign.org





Other Resources

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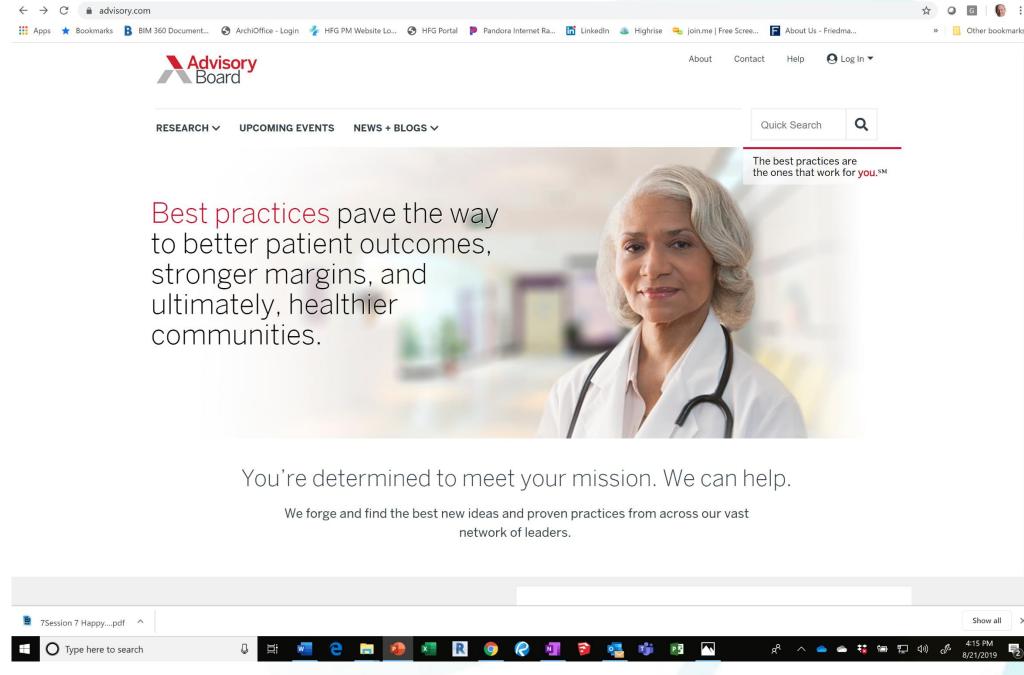




Other Resources

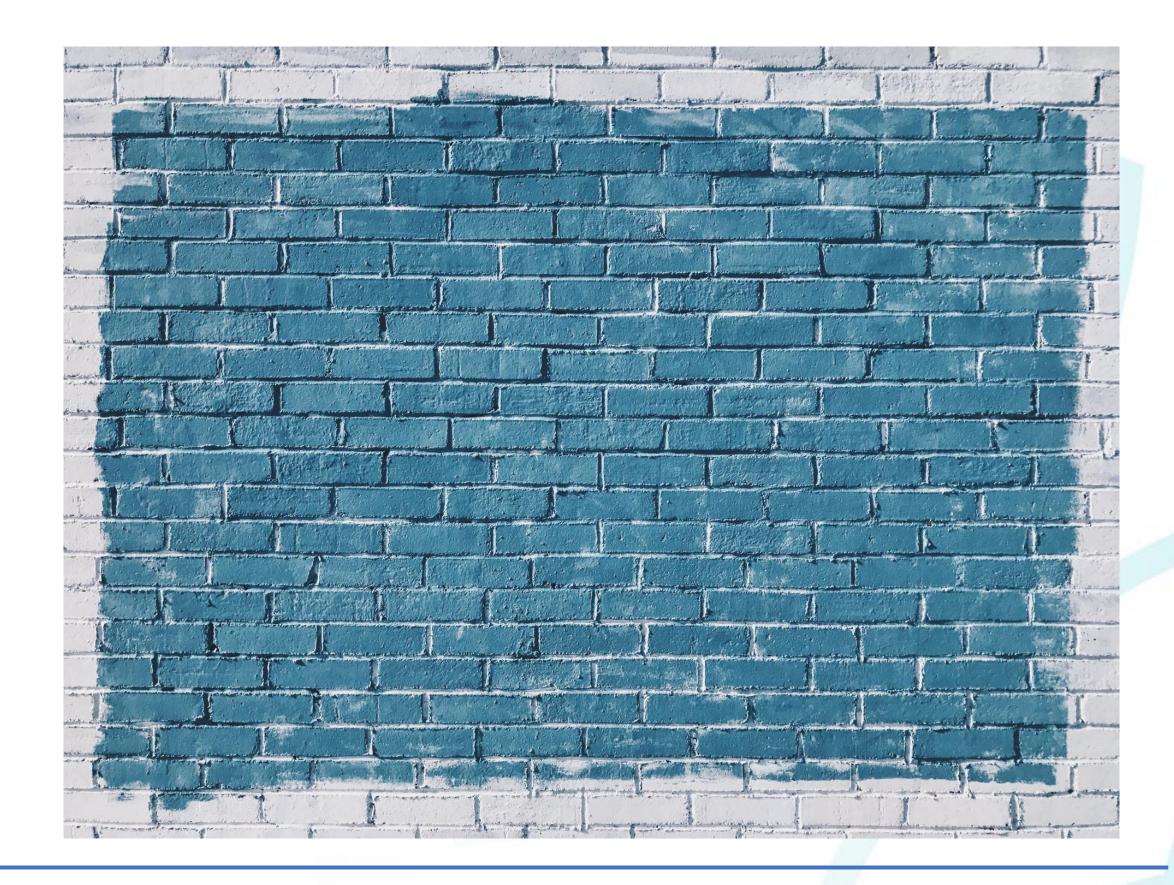
> Many sources of good research into elements of healthcare environments

> Advisory Board at Advisory.com





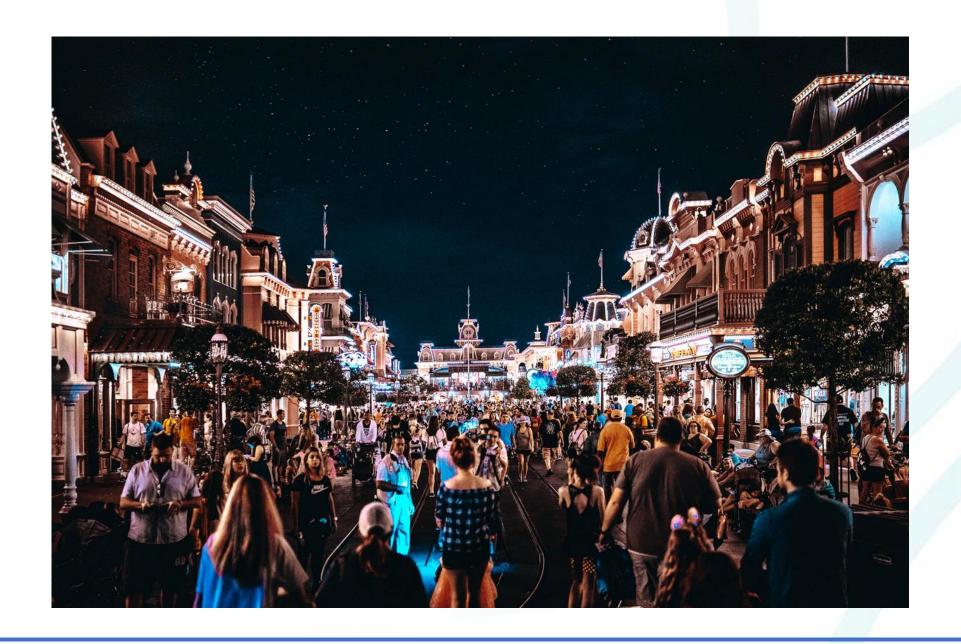
Design Trends





On-Stage / Off-Stage Design

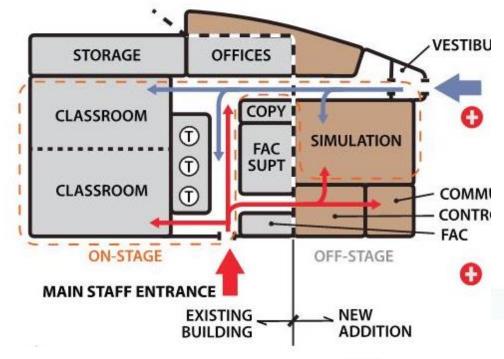
> Creates ability for staff to work out of the flow

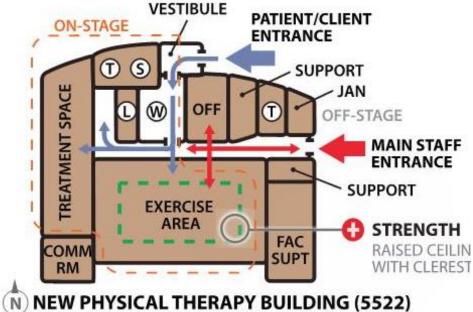


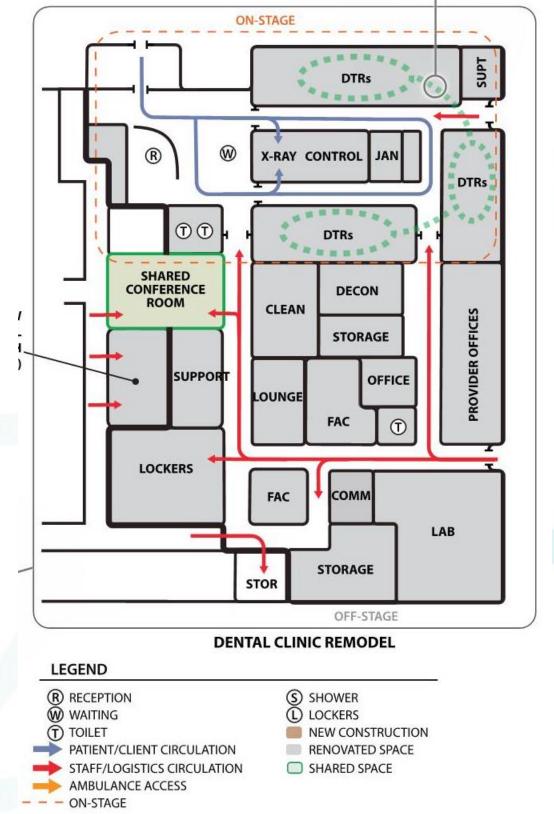


On-Stage / Off-Stage Design

> Examples









Patient Centered Care - Biophilia and other "touchy-feely" topics architects are known to promote

Article 1 — How Architects ruined healthcare - https://www.theglobeandmail.com/opinion/article-how-architects-ruined-healthcare/



- "So if Physicians across the country are reporting record levels of burnout, we might ask if hospitals are the problem?"
- > "If you've been to a hospital that was built or renovated in the last decade, you know the aesthetic. Muted pastels, potted plants, and plenty of places for patients and their families to occupy themselves. "
- "Many people, when they walk in the ground floor, they say they don't feel like they're in a hospital," bragged one planner. "It's a grand space, the lobbies, the circular openings through the lower levels, nothing says 'hospital' there."
- "Bromley notes that 'architects built few conference rooms and lounges, leaving little room for physicians and nurses to congregate."



Patient Centered Care — Biophilia and other "touchy-feely" topics architects are known to promote

Article 1 — How Architects ruined healthcare - https://www.theglobeandmail.com/opinion/article-how-architects-ruined-healthcare/



- > "Several of the administrators and architects speak glowingly of "the Disneyland concept," where all the messy parts are hidden "to generate a seamless fantasy world."
- > "Let's be clear. Healthcare that does not look like healthcare is not healthcare — it is a sort of theatre created to distract an audience of anxious patients. It doesn't serve their interests. It's a funhouse mirror vision of patient-centred care, where it's more important to pretend you're not sick than to be properly treated."



Patient Centered Care — Biophilia and other "touchy-feely" topics architects are known to promote

> Article 1 — How Architects ruined healthcare - https://www.theglobeandmail.com/opinion/article-how-architects-ruined-healthcare/



- ➤ "Business teamwork studies, including one by, ahem, the Disney Institute, recognize that collegiality between colleagues is a necessary ingredient for team success."
- I remember one of my attendings once saying, as he flipped a series of switches in vain seeking a light to illuminate the patient's bed from above, that people who design hospitals should be punished by being treated in them."



> Article 2 — Did Architects really ruin Healthcare - https://www.healthcaredesignmagazine.com/trends/perspectives/did-architects-really-ruin-healthcare/

healthcare design

NEWS TRENDS PROJECTS EVENT

PERSPECTIVES

Did Architects Really Ruin Healthcare?

By Sheila F. Cahnman | June 17, 2019





Want to raise the ire of healthcare architects worldwide? Then publish an opinion piece titled "How architects ruined healthcare" on Toronto's *The Globe and Mail* newspaper website. Judging from my colleagues' responses on social media, this piece really hit a nerve and, I felt, deserved a response.

The author Dr. Joshua Landy, a Canadian critical care physician, blames a host of healthcare industry issues on how architects design hospitals. He decries that "a well-intentioned effort to make things better for patients (i.e. a patient-centered approach) ended up making them worse for everyone."

His epiphany was inspired by the paper "Building patient-centeredness: Hospital design as an interpretive act," published Sept. 1, 2012 by Dr. Elizabeth Bromley, a UCLA medical anthropologist and psychiatrist, in *Social Science & Medicine*. Because Dr. Landy draws his conclusions from this paper, I decided to read the source myself.

In the paper, which studies one unidentified hospital completed in 2008, Bromley notes,

- "Want to raise the ire of healthcare architects worldwide? Then publish an <u>opinion piece</u> titled "How architects ruined healthcare" on Toronto's *The Globe and Mail* newspaper website. Judging from my colleagues' responses on social media, this piece really hit a nerve..."
- ➤ "This particular hospital administration chose to hyper-prioritize patient-centeredness through the "Disney Effect" of all clinical spaces being offstage.
- ➤ "Citing this one 10-year-old study, Dr. Landy states in his op-ed that "Modern hospitals are specifically designed to eliminate collegiality."



> Article 2 — Did Architects really ruin Healthcare - https://www.healthcaredesignmagazine.com/trends/perspectives/did-architects-really-ruin-healthcare/

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In the paper, which studies one unidentified hospital completed in 2008, Bromley notes,

- Instead, I see today's healthcare designers and clients seeking a more balanced, research-based approach, recognizing patient-centered care means bringing caregivers closer to patients and that supporting a team-based approach is the future of healthcare..."
- Apparently, Dr. Landy isn't familiar with the studies that have shown the healing effect of nature, positive distractions, and family support in reducing patient pain and anxiety, which ultimately could improve patients' medical conditions."



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In the paper, which studies one unidentified hospital completed in 2008, Bromley notes,

- ➤ "One intriguing issue I found is his op-ed was the comment that physically hiding the "messy part" of healthcare devalues medical professionals."
- ➤ "Understanding staff psychology is an important factor in hospital design, especially as their own health and well-being is threatened. Longer hours, increased documentation requirements, and the stress of ever more medically complex patients are contributing to staff burnout."
- Despite Dr. Landy's strident tone, as healthcare designers we need to listen to and unbundle the concerns of all constituents, especially as medicine transforms."



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In the paper, which studies one unidentified hospital completed in 2008, Bromley notes,

Finally, Dr. Landy asks, 'Is this place built to make us healthy—or to distract us from thinking about our health?' I don't believe the two are mutually exclusive. People, process, and place must all support care delivery, the patient's recovery and emotional well-being, and family involvement in a balanced approach...."



Session 4: Part 3 FGI Works in the Developing World





Oklahoma Association of Healthcare Engineers 2019 Summer Regional Event

August 23, 2019



FGI Works in the Developing World

- 1. BOMET, KENYA
 - Environment
 - Tenwek Hospital
 - Public Health Crises
- 2. THE BILLY GRAHAM MEMORIAL CARDIOTHORACIC CENTER AT TENWEK HOSPITAL
 - Overview
 - FGI Compliance
 - Unique Design Features

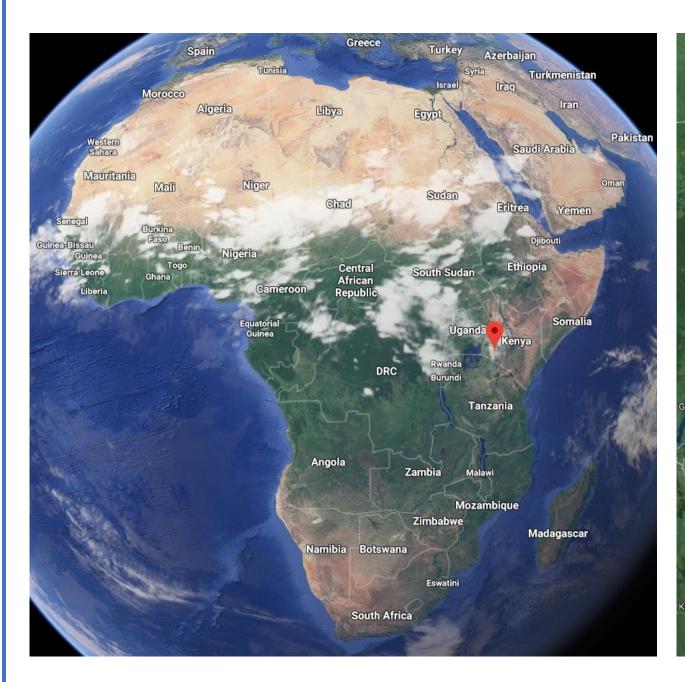








Bomet, Kenya













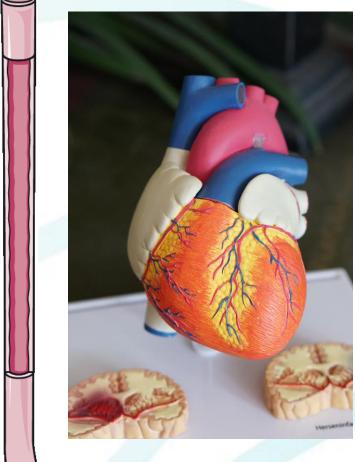








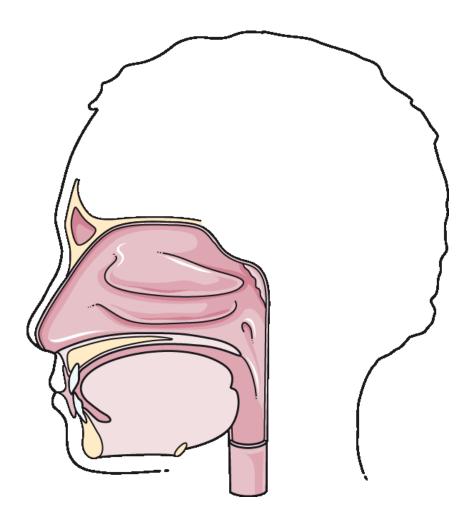


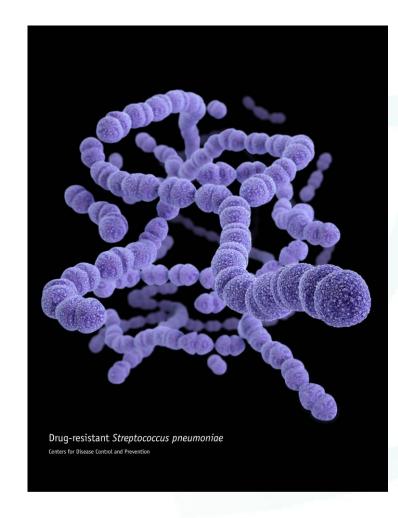


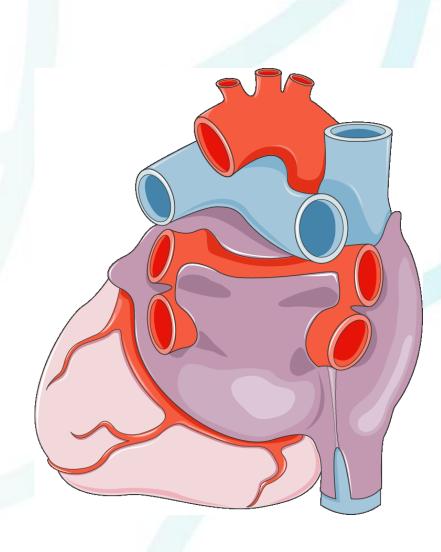


Rheumatic Heart Disease

- > Caused by untreated and repeated Strep Throat infections
- > Rheumatic Fever attacks the heart and causes Heart Valve damage
- > Used to be more prevalent in the United States
- > At Tenwek Hospital 800 children and adolescents are on the waiting list
- > Currently able to treat a limited number of cases









Esophageal Cancer

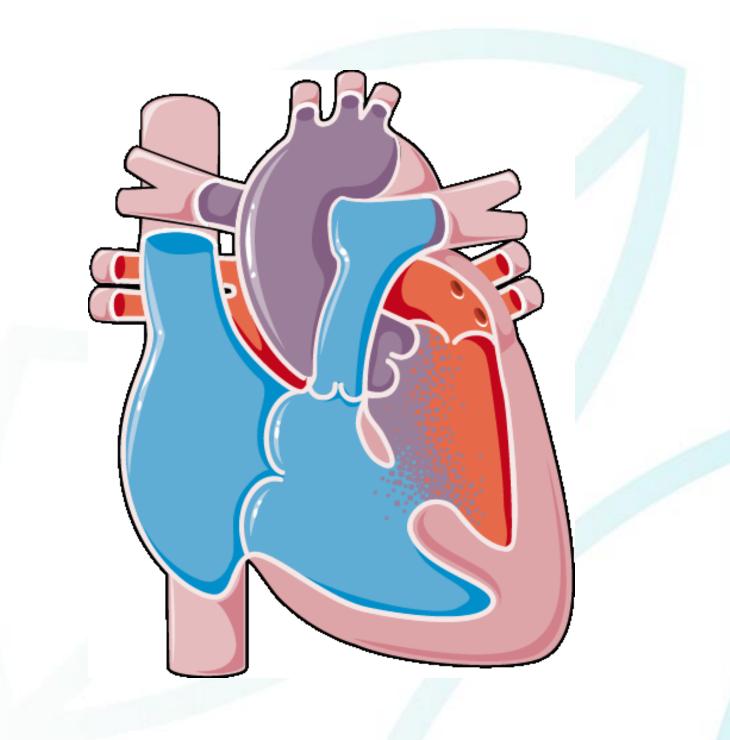
- The cause of the prevalence of Esophageal Cancer in Sub-Saharan Africa is not yet known
- > 5 Patients a day are diagnosed at Tenwek Hospital
- Treatment involves placing stents and sometimes removing a large part of the Esophagus to treat and eliminate the cancer.





Congenital Heart Disease

- > A variety of congenital heart defects exists in children and adolescents that require treatment and many times open heart surgery.
- > Treatment changes the trajectory of a young person's life in Africa.













































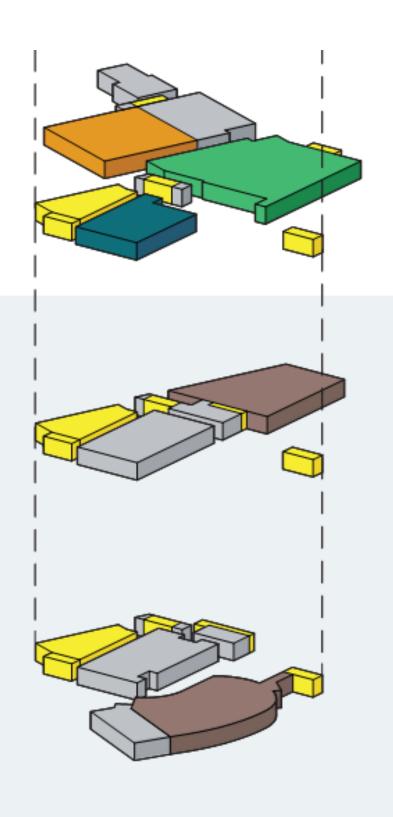






LEVEL 5 □ VERTICAL CIRCULATION □ MECHANICAL PENTHOUSE **LEVEL 4** ☐ FUTURE EXPANSION ■ MECHANICAL PENTHOUSE CHAPEL ■ VERTICAL CIRCULATION ■ BUILDING SERVICES LEVEL 3 ■ PACU / CCU SURGERY ■ VERTICAL CIRCULATION ■ BUILDING SERVICES **LEVEL 2** GENERAL WARD ADMINISTRATION EDUCATION CHAPEL ■ VERTICAL CIRCULATION ■ BUILDING SERVICES LEVEL 1 GENERAL WARD ■ ENDOSCOPY ■ STAFF ON CALL / CHAPLAIN CHAPEL ■ VERTICAL CIRCULATION ■ BUILDING SERVICES **GROUND LEVEL** CLINIC / DIAGNOSTIC REGISTRATION / BUSINESS OFFICE DIETARY VERTICAL CIRCULATION BUILDING SERVICES **BASEMENT 1** STAFF PARKING VERTICAL CIRCULATION BUILDING SERVICES **BASEMENT 2** STAFF PARKING ■ VERTICAL CIRCULATION ■ BUILDING SERVICES





GROUND LEVEL

- CLINIC / DIAGNOSTIC
- REGISTRATION / BUSINESS OFFICE
- DIETARY
- VERTICAL CIRCULATION
- BUILDING SERVICES

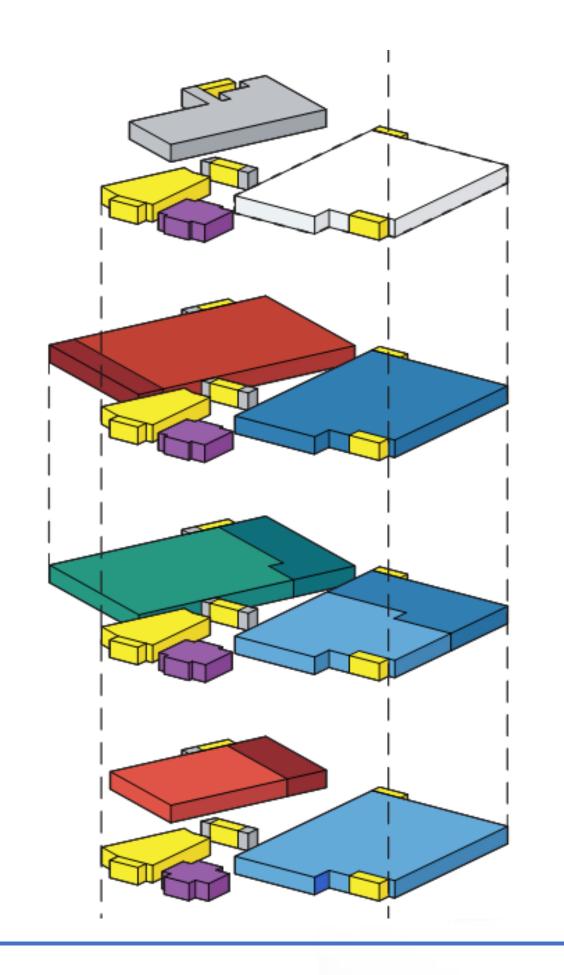
BASEMENT 1

- STAFF PARKING
- VERTICAL CIRCULATION
- BUILDING SERVICES

BASEMENT 2

- STAFF PARKING
- VERTICAL CIRCULATION
- BUILDING SERVICES





LEVEL 4

- ☐ FUTURE EXPANSION
- MECHANICAL PENTHOUSE
- CHAPEL
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LEVEL 3

- PACU / CCU
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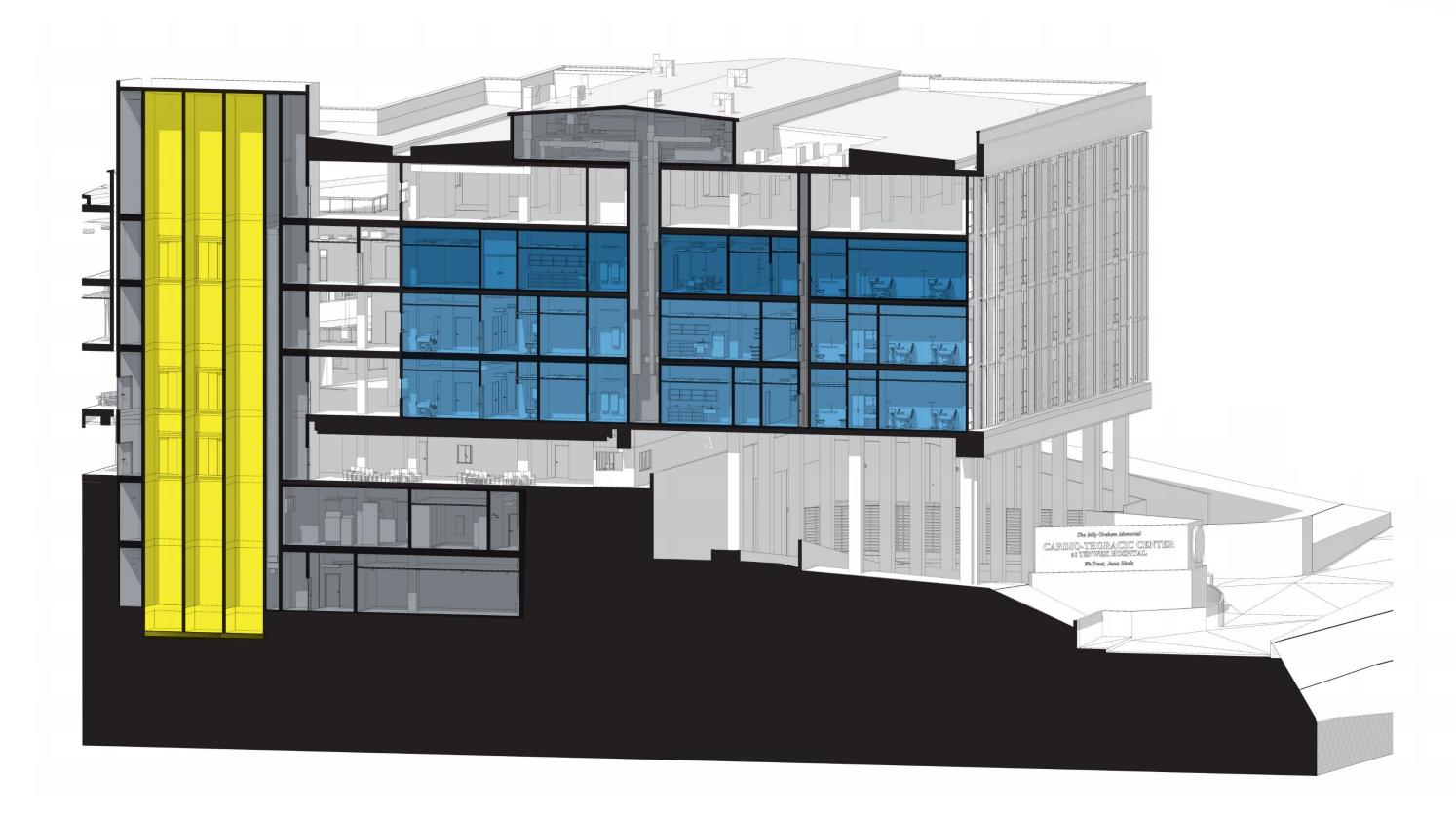
LEVEL 2

- ICU
- GENERAL WARD
- ADMINISTRATION
- EDUCATION
- CHAPEL
- VERTICAL CIRCULATION
- BUILDING SERVICES

LEVEL 1

- GENERAL WARD
- ENDOSCOPY
- STAFF ON CALL / CHAPLAIN
- CHAPEL
- VERTICAL CIRCULATION
- BUILDING SERVICES

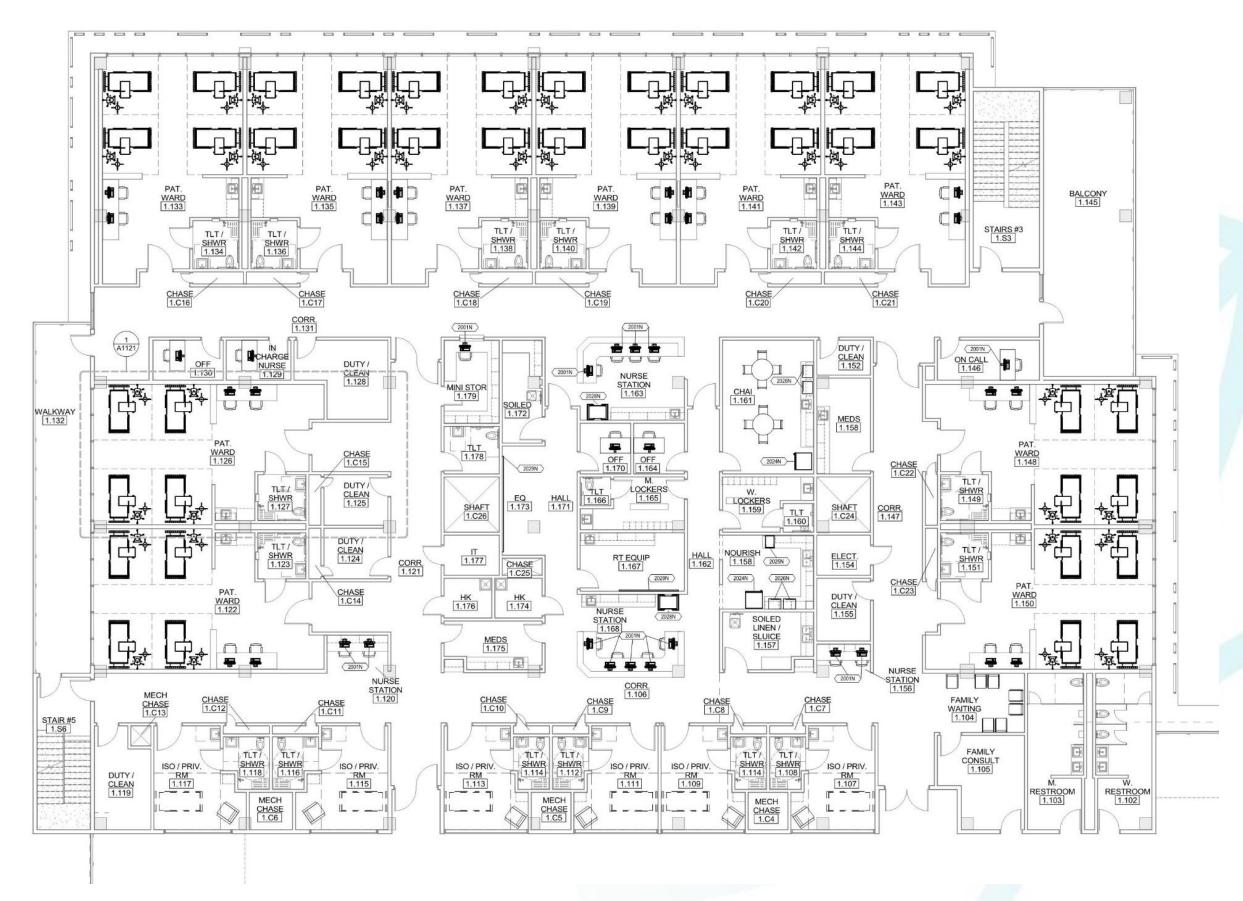








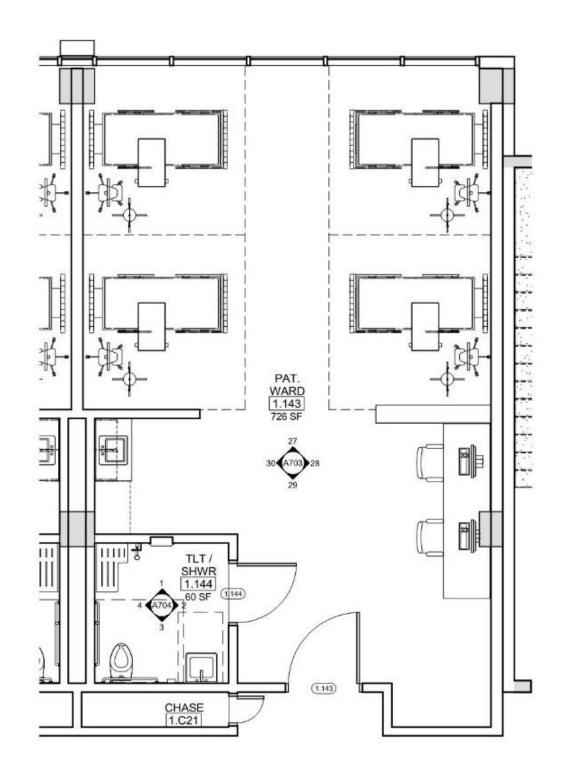












1 TYP. PATIENT WARD

2.2 SPECIFIC REQUIREMENTS FOR GENERAL HOSPITALS

*2.2-2.2 Medical/Surgical Nursing Unit

2.2-2.2.1 Reserved

2.2-2.2.2 Patient Room

See Section 2.1-2.2 (Patient Room) for requirements in addition to those in this section.

2.2-2.2.1 Capacity

- (1) The maximum number of beds per room in a medical/surgical nursing unit shall be one unless the necessity of a two-bed arrangement has been demonstrated in the functional program. Two beds per room shall be permitted when approved by the authority having jurisdiction.
- (2) Where renovation work is undertaken and the present capacity is more than one patient in each room, maximum room capacity shall be no more than the present capacity, with a maximum of four patients in each room.

2.2-2.2.2 Space requirements

*(1) Area

APPENDIX

- (a) Patient rooms shall be sized to accommodate the needs of the clinical services provided.
- (b) Patient rooms shall have a minimum clear floor area of 120 square feet (11.15 square meters) in single-bed rooms and 100 square feet (9.29 square meters) per bed in multiplebed rooms.
- (2) Clearances (See "bed size" in the glossary.)
 - (a) The dimensions and arrangement of rooms shall provide a minimum clearance of 3 feet (91.44 centimeters) between the sides and foot of the bed and any wall or any other fixed observation.
 - (b) In multiple-bed rooms, a minimum clearance

A2.2-2.2 Patient mobility considerations for nurs-

ing unit design. See appendix section A2.1-2.1 (Accommodations

to encourage patient mobility) for mention of this aspect of nursing unit

of 4 feet (1.22 meters) shall be available at the foot of each bed to permit the passage of equipment and beds.

(3) Where renovation work is undertaken and it is not possible to meet the above minimum standards, authorities having jurisdiction shall be permitted to grant approval to deviate from this requirement. In such cases, patient rooms shall have a minimum clear floor area of 100 square feet (9.29 square meters) in single-bed rooms and 80 square feet (7.43 square meters) per bed in multiple-bed areas.

2.2-2.2.3 Windows. See Section 2.1-7.2.2.5 (Windows in patient rooms) for requirements.

2.2-2.2.4 Patient privacy. See Section 2.1-2.2.4 (Patient Privacy) for requirements.

2.2-2.2.5 Hand-washing stations. See Section 2.1-2.2.5 (Hand-Washing Station in the Patient Room) for requirements.

2.2-2.2.6 Patient toilet room. See Section 2.1-2.2.6 (Patient Toilet Room) for requirements.

2.2-2.2.7 Patient bathing facilities

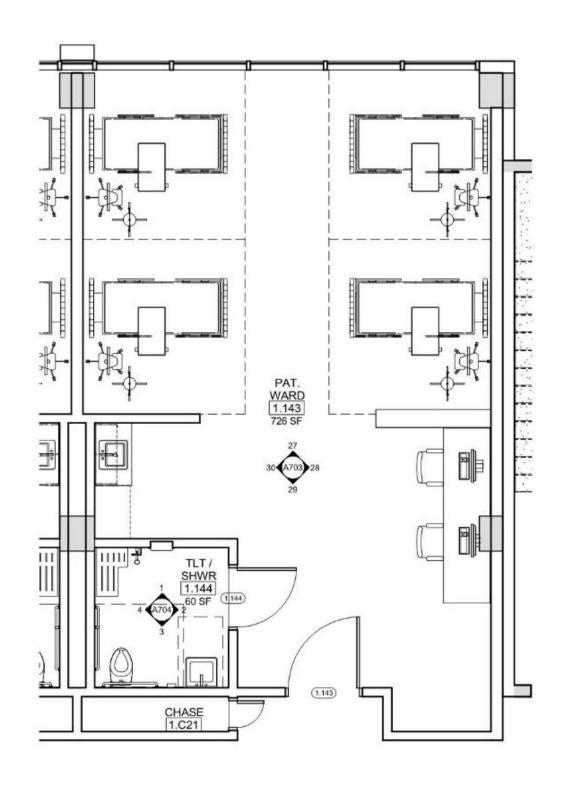
- (1) Access shall be provided to bathing facilities in the toilet room directly accessed from each patient room or in a central bathing facility.
- (2) Central bathing facilities
 - (a) General
 - (i) Each bathtub or shower shall be in an individual room or enclosure that provides privacy for bathing, drying, and dressing.
 - (ii) Location of bathing facilities with space for an attendant for patients on stretchers, carts, and wheelchairs on a floor separate from the nursing unit shall be permitted.

lockers, wardrobes, alcoves, or vestibules. These spaces should accommodate comfortable furniture for family members (one or two) without blocking staff members' access to patients. Movable seating to support visitation and teaming around the patient should be available in quantities sufficient to meet the needs described in the functional program. Efforts should be made to provide the patient with some control of the

A2.2-2.2.2 (1) In new construction, single-bed rooms should be at least 12 feet (3.66 meters) wide by 13 feet (3.96 meters) deep (156 square feet, or 14.86 square meters) exclusive of toilet rooms, closets,

tests and Outpatient Facilities





1 : 50

2.2-2.2.1 Capacity

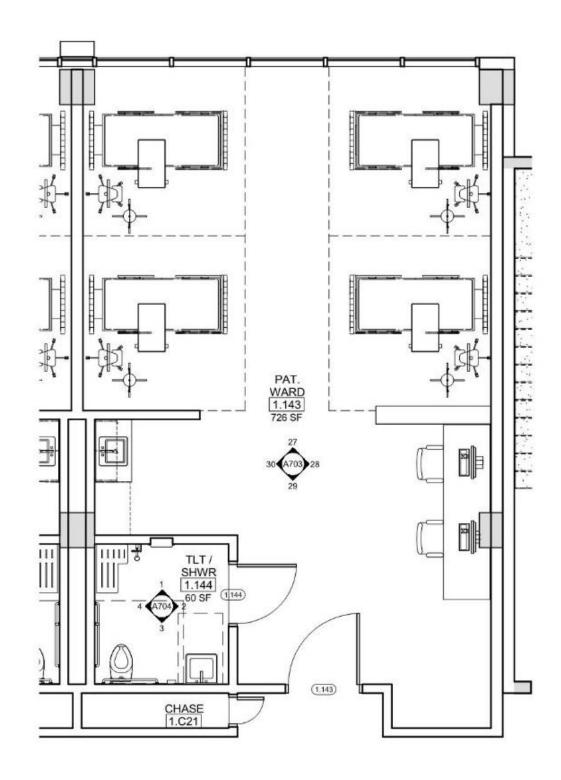
- (1) The maximum number of beds per room in a medical/surgical nursing unit shall be one unless the necessity of a two-bed arrangement has been demonstrated in the functional program. Two beds per room shall be permitted when approved by the authority having jurisdiction.
- (2) Where renovation work is undertaken and the present capacity is more than one patient in each room, maximum room capacity shall be no more than the present capacity, with a maximum of four patients in each room.

2.2-2.2.2 Space requirements

*(1) Area

- (a) Patient rooms shall be sized to accommodate the needs of the clinical services provided.
- (b) Patient rooms shall have a minimum clear floor area of 120 square feet (11.15 square meters) in single-bed rooms and 100 square feet (9.29 square meters) per bed in multiplebed rooms.

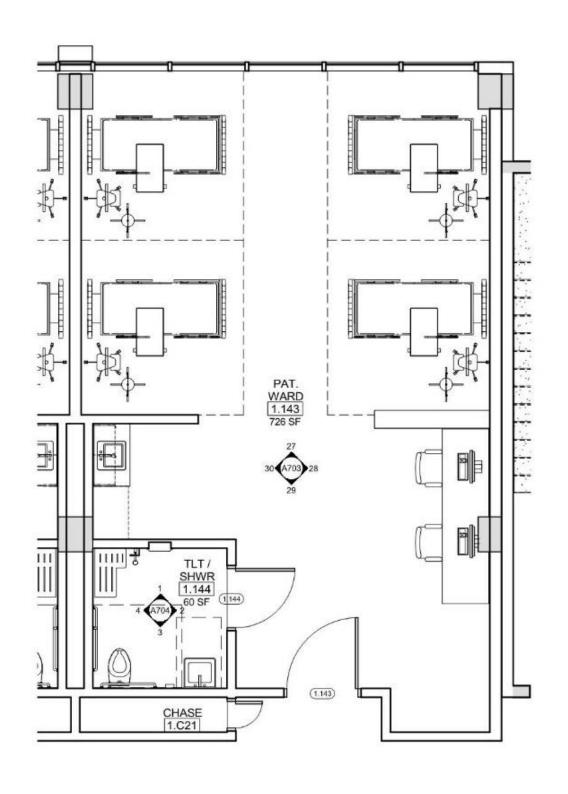




1 : 50 TYP. PATIENT WARD

- (a) The dimensions and arrangement of rooms shall provide a minimum clearance of 3 feet (91.44 centimeters) between the sides and foot of the bed and any wall or any other fixed obstruction.
- (b) In multiple-bed rooms, a minimum clearance





1 : 50

2.2-2.2.3 Windows. See Section 2.1-7.2.2.5 (Windows in patient rooms) for requirements.

2.2-2.2.4 Patient privacy. See Section 2.1-2.2.4 (Patient Privacy) for requirements.

2.2-2.2.5 Hand-washing stations. See Section 2.1-2.2.5 (Hand-Washing Station in the Patient Room) for requirements.

2.2-2.2.6 Patient toilet room. See Section 2.1-2.2.6 (Patient Toilet Room) for requirements.

2.2-2.2.7 Patient bathing facilities

- (1) Access shall be provided to bathing facilities in the toilet room directly accessed from each patient room or in a central bathing facility.
- (2) Central bathing facilities
 - (a) General
 - (i) Each bathtub or shower shall be in an individual room or enclosure that provides privacy for bathing, drying, and dressing.
 - (ii) Location of bathing facilities with space for an attendant for patients on stretchers, carts, and wheelchairs on a floor separate from the nursing unit shall be permitted.



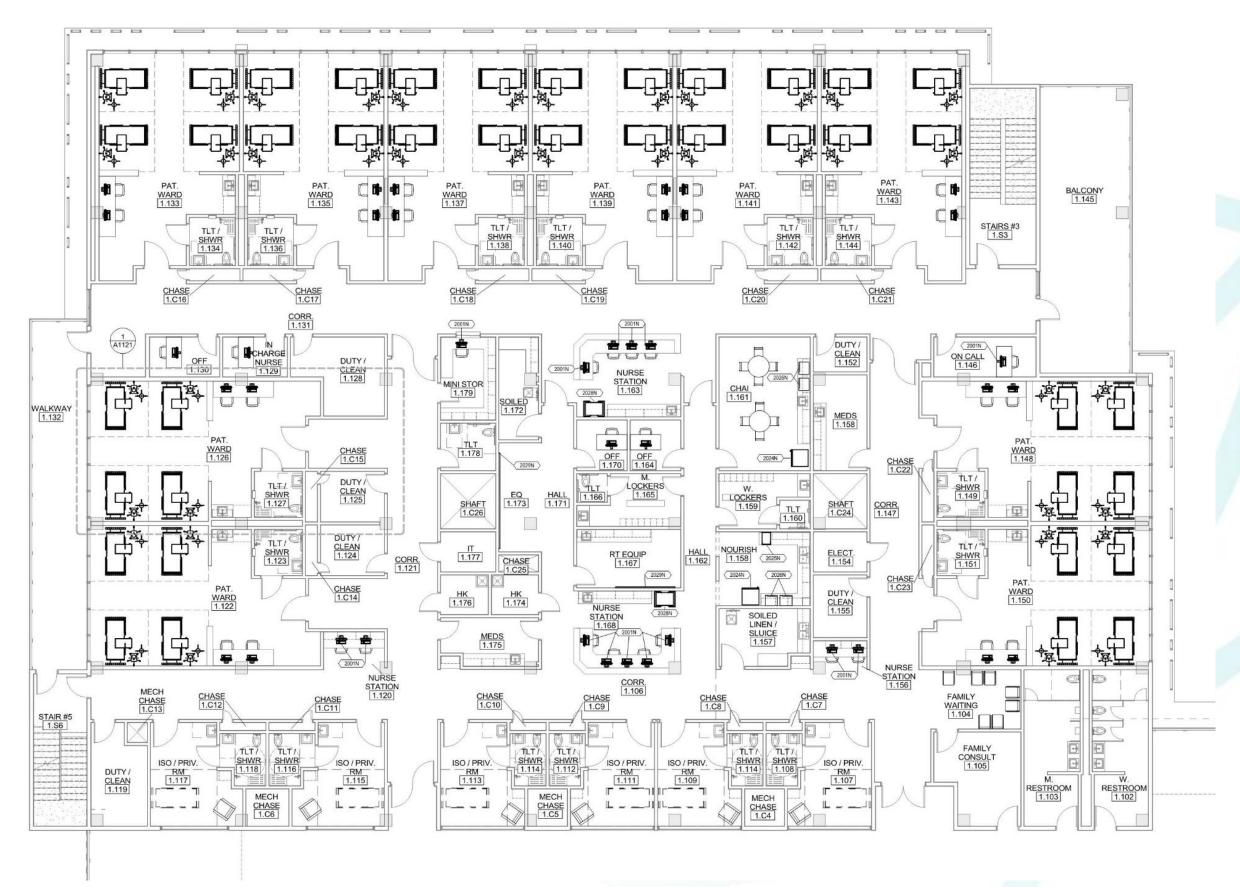














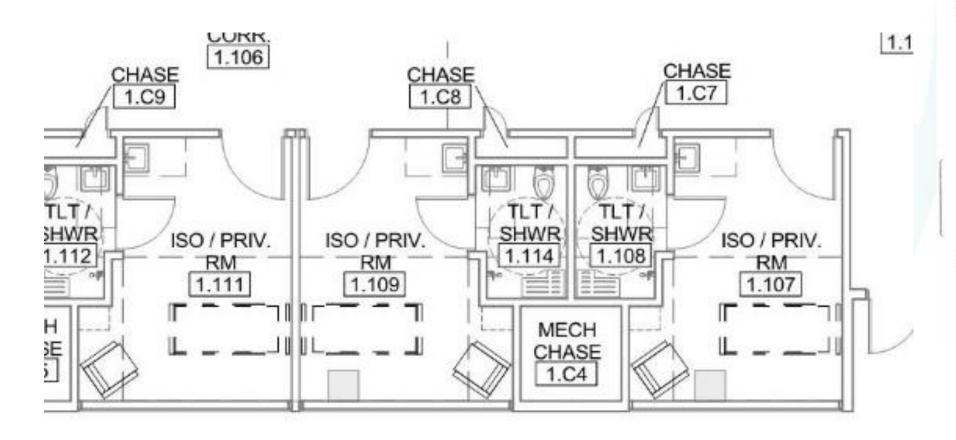
CUKK. 1.1 1.106 CHASE CHASE CHASE 1.C7 1.C8 1.C9 TLT / TLT / TLT SHWR SHWR SHWR ISO / PRIV. ISO / PRIV. ISO / PRIV. 1.114 1.108 RM RM RM 1.111 1.107 1.109 H MECH CHASE 1.C4

*2.1-2.4.2 Airborne Infection Isolation (AII) Room

2.1-2.4.2.1 General

- (1) The AII room requirements contained in the Guidelines for particular areas throughout a facility shall be:
 - (a) Predicated on an infection control risk assessment (ICRA).
 - (b) Based on the needs of specific community and patient populations served by an individual health care organization. See Section 1.2–3.2.3 (Infection Control Risk Mitigation).
 - (c) Used for patients who require an AII room but do not need a protective environment (PE) room.
- (2) Number. For specific requirements, see facility chapters.
- (3) Location. AII rooms shall be located in individual nursing units or grouped as a separate isolation nursing unit. When not required for patients with airborne infectious diseases, use of these rooms for acute care patients without airborne infectious diseases shall be permitted.





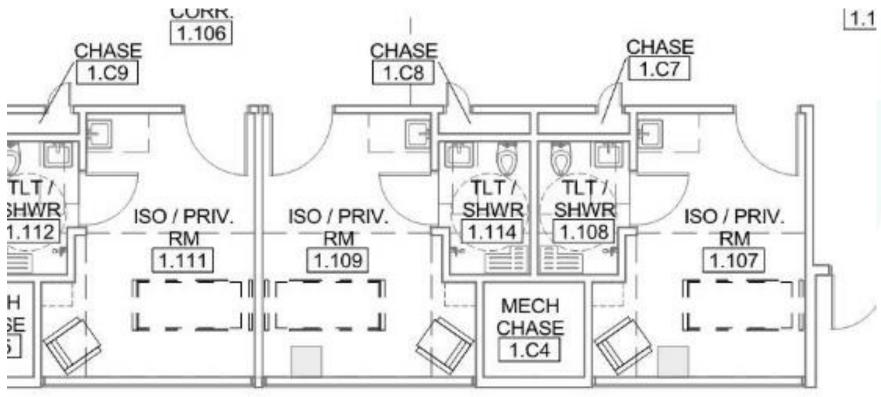
2.1 COMMON ELEMENTS FOR HOSPITALS

infection isolation room shall comply with the requirements in Section 2.2-2.2.2 (Medical/Surgical Nursing Unit: Patient Room) as well as the following requirements:

- (1) Capacity. Each patient room shall contain only one bed.
- (2) Provision shall be made for personal protective equipment (PPE) storage at the entrance to the room.
- (3) Hand-washing stations
 - (a) A hand-washing station shall be located in each patient room.
 - (b) Placement of an additional hand-washing station outside the room entrance shall be permitted.
 - (c) Section 2.1-2.2.5.3 (3) (Hand-washing station in the patient room—Renovation) shall not apply to AII rooms.
- (4) A separate room with a toilet, hand-washing station, and bathtub or shower shall be provided for each AII room.



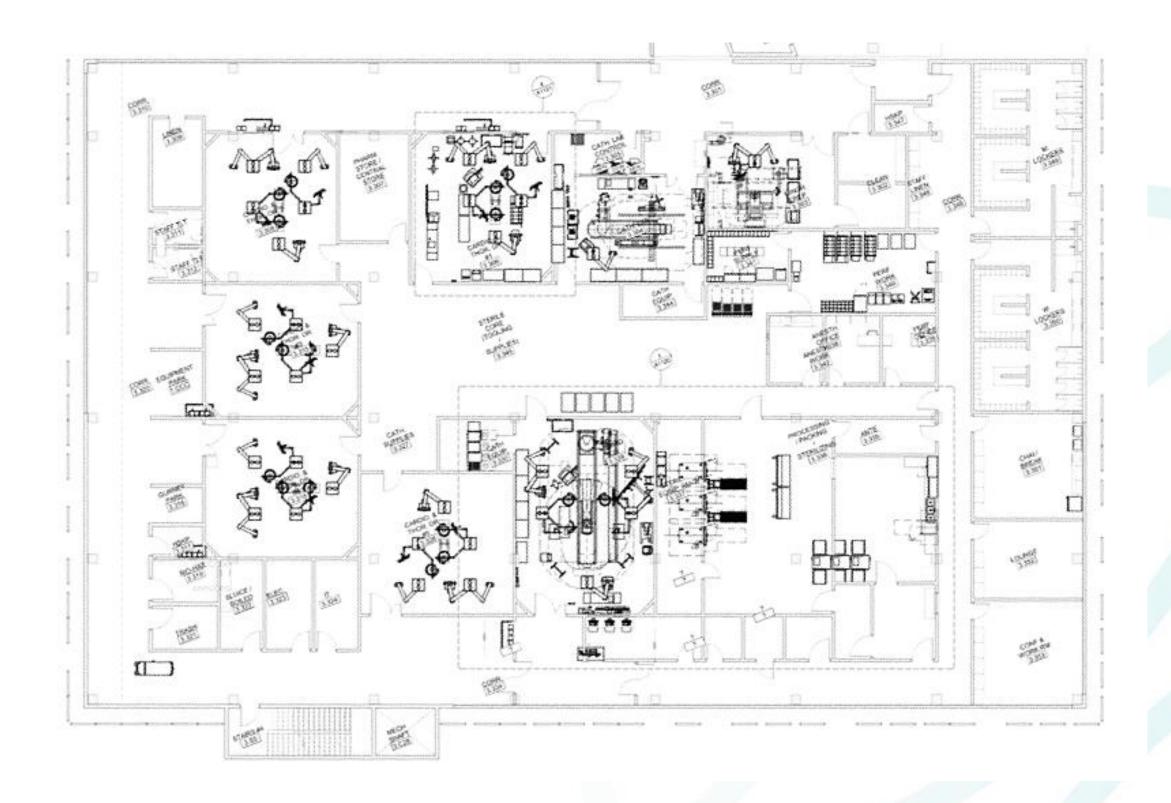




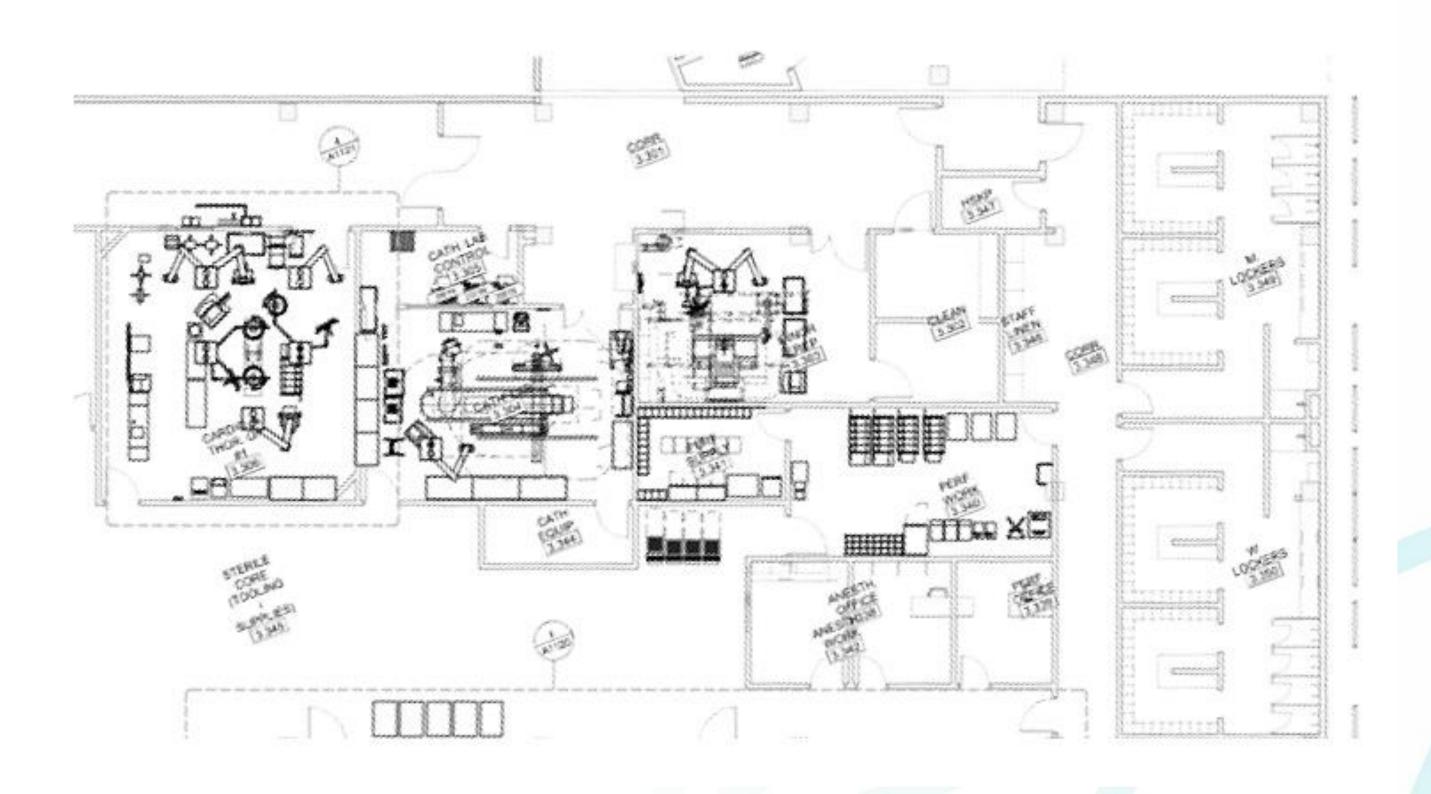




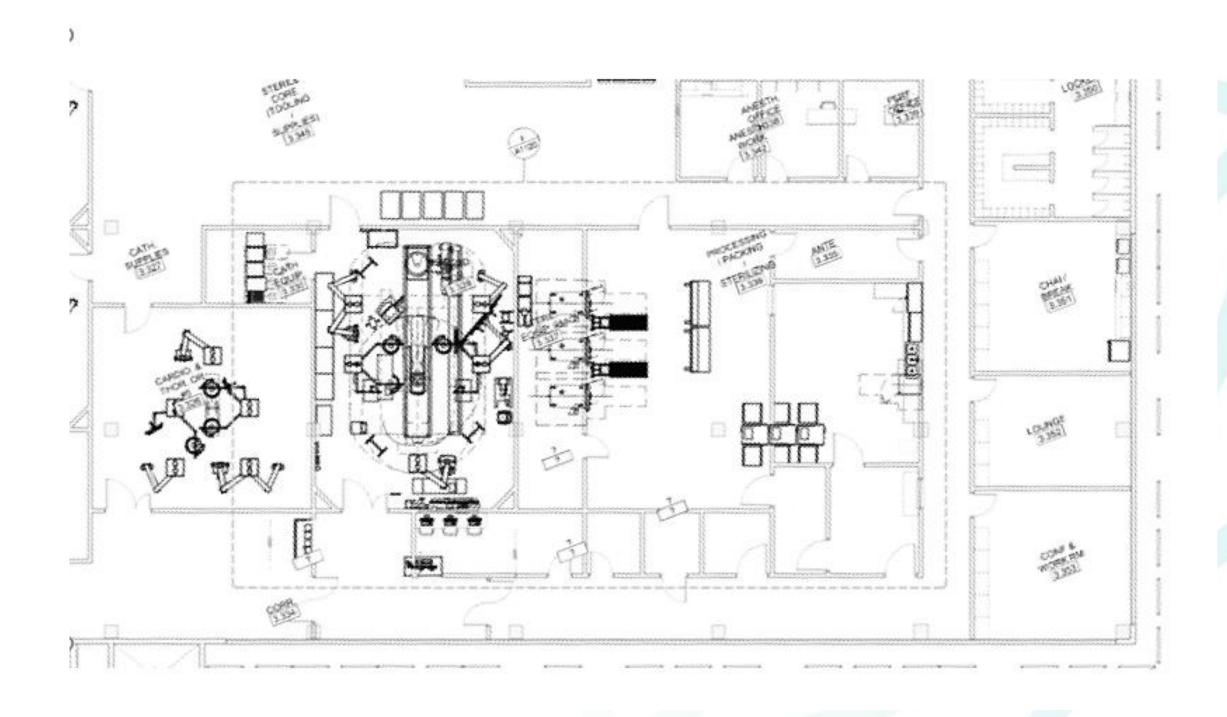


















2.2-3.3 Surgical Services

2.2-3.3.1 General

2.2-3.3.1.1 Location and Layout

- The surgical suite shall be located and arranged to prevent unrelated traffic through the suite.
- (2) The clinical practice setting shall be designed to facilitate movement of patients and personnel into, through, and out of defined areas in the surgical suite.
- (3) Signs that clearly indicate where surgical attire is required shall be provided at all entrances to semirestricted areas.
- *(4) The surgical suite shall be divided into two designated areas—semi-restricted and restricted defined by the physical activities performed in each area.

*2.2-3.3.2 Operating Rooms

2.2-3.3.2.1 Space requirements

- (1) Operating room
 - (a) Each operating room shall have a minimum clear floor area of 400 square feet (37.20 square meters) with a minimum clear dimension of 20 feet (6.10 meters).
 - *(b) Where renovation work is undertaken and it is not possible to meet the above minimum standards, each room shall have a minimum clear floor area of 360 square feet (33.48 square meters) with a minimum clear dimension of 18 feet (5.49 meters).
 - (c) Operating rooms used for cesarean and other delivery procedures shall meet the requirements in Section 2.2-2.11.9.2 (1) (Cesarean Delivery Rooms—Space requirements).



*2.2-3.3.3 Hybrid Operating Room

2.2-3.3.1 Application. Hybrid operating rooms shall be designed to comply with the requirements in Section 2.2-3.3.2 (Operating Rooms) and the requirements in this section.

*2.2-3.3.3.2 Space requirements

- (1) Each hybrid operating room shall meet the clear floor area, clearance, and storage requirements for the imaging equipment contained in the room.
- (2) Minimum clear dimension
 - (a) In new construction, the hybrid operating room shall have a minimum clear dimension of 24 feet (7.32 meters).
 - (b) When renovation work is undertaken and it is not possible to meet the minimum clear dimension of 24 feet, a minimum clear dimension of 22 feet (6.70 meters) shall be permitted.
 - (c) If mobile storage units are used in lieu of fixed cabinets, the minimum clear dimension shall be available between such units when they are parked against a permanent partition.
- 2.2-3.3.3 Control room. If required, a control

room shall be provided that accommodates the imaging system control equipment.

- (1) The control room shall have a minimum area of 120 square feet (11.15 square meters), which shall be permitted to include fixed work surfaces.
- (2) The room shall be physically separated from the hybrid operating room with walls and a door.
- (3) The room shall have viewing windows that allow for a full view of the patient and the surgical team.
- (4) If the control room is adjacent to a restricted area, it must be physically separated from the restricted area with walls and a door.
- **2.2-3.3.4** Access route(s). Access route(s) for equipment installation and replacement shall comply spatially and structurally with the manufacturer's technical specifications.
- *2.2-3.3.3.5 Structural support. The floor and (if applicable) ceiling structures shall be designed to support the weight of the imaging equipment as well as other fixed ancillary equipment (e.g., lights, service columns) and movable ancillary equipment.
- *2.2-3.3.3.6 Protection from vibration and other



2.2-3.3.4 Pre- and Postoperative Patient Care Areas

2.2-3.3.4.1 General

- (1) Patient care station design
 - (a) Bays, cubicles, or single-bed rooms shall be permitted to serve as patient care stations.
 - (b) When determining the area for a patient care station, space shall be provided for equipment described in the functional program.
- (2) Provisions shall be made for the isolation of infectious patients.
 - (a) An airborne infection isolation room is not required in pre- and postoperative patient care areas.
 - (b) Provisions for the recovery of a potentially infectious patient with an airborne infection shall be determined by an infection control risk assessment (ICRA).

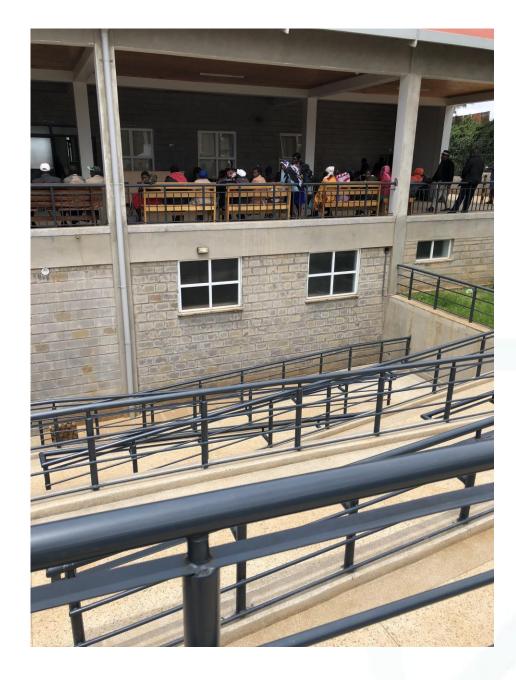
2.2-3.3.4.3 Phase I post-anesthetic care unit (PACU)

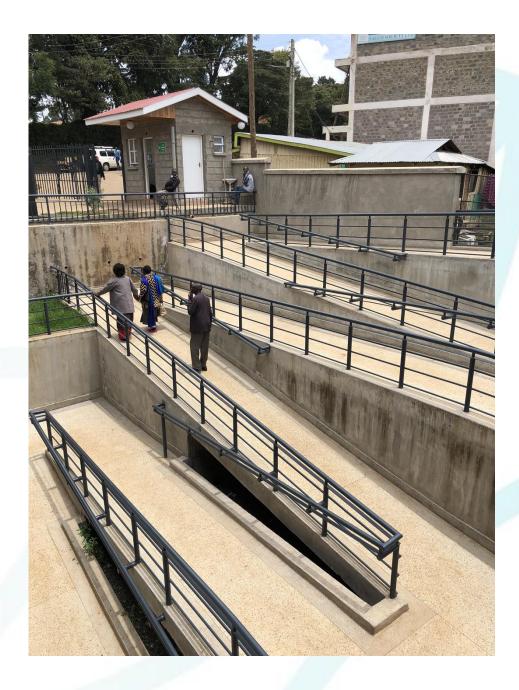
- (1) General
 - (a) Location
 - (i) The PACU is an unrestricted area.
 - In new construction, at least one door to the recovery room shall provide access directly from the surgical suite without crossing unrestricted corridors.
 - *(b) PACU size. A minimum of 1.5 post-anesthesia patient care stations per operating room shall be provided.
 - (c) If pediatric surgery is part of the functional program, the following requirements shall be met:



Planning for Utilities

- Domestic Water
- Fire Protection
- > Power
- > Waste
- > Ventilation and ASHRAE 170
- > Common Utility Interruptions







Microgrid: Solar and Hydroelectric

➤ Power Quality and Cost

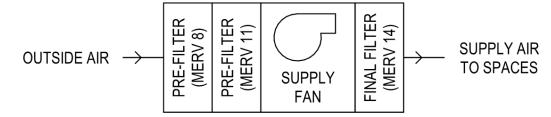




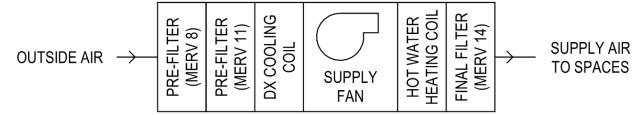


Mechanically Assisted, Natural Ventilation

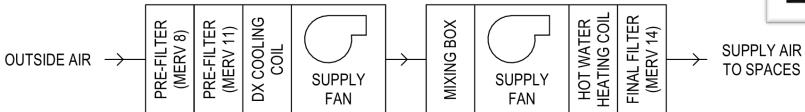
100% OUTSIDE AIR UNIT



100% OUTSIDE AIR UNIT, COOLING, HEATING, NO RECIRCULATION

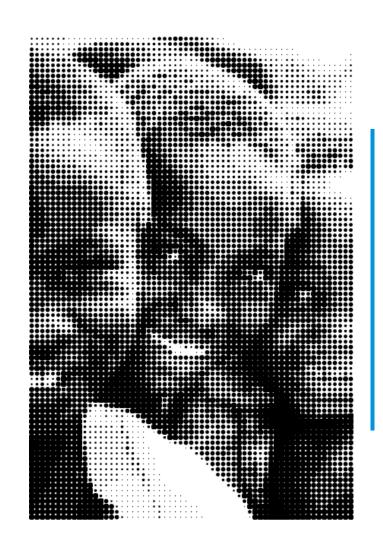


100% OUTSIDE AIR UNIT, COOLING, HEATING, WITH RECIRCULATION









Contact Information

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